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TURN TO PAGE 108

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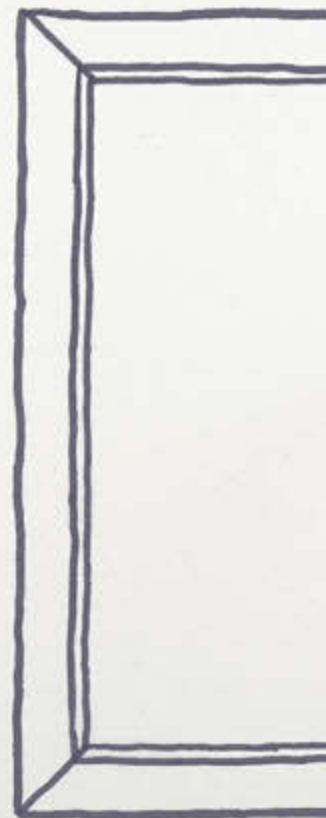
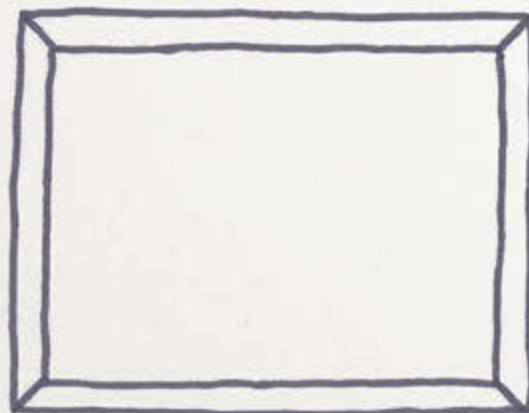
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116



108



34

HOMES

100 MIX MASTER

The art of mixing is masterfully demonstrated in this Oakville, Ont., home

108 LOVE ACTUALLY

TV personality Jillian Harris shares her experience of renovating her dream home

116 OUTDOOR LIVING

Two yards transform – one into an urban courtyard, the other into a country retreat

38 STYLE DESTINATION

The top places to visit when holidaying in Chelsea, NYC

40 FOOD NEWS

The latest and greatest gourmet products, kitchen gadgets and more

42 DESSERT OF THE MONTH

A decadent rose buttercream crepe cake

48 INSIDE DESIGN

Get to know design icon Kathryn Ireland

54 PROFILE

Editor-in-chief Erin McLaughlin sits down with IKEA's design director, Marcus Engman

COLUMNS

29 STYLE NEWS

The best home decor products, the hottest trends and the most inspiring ideas

34 TRENDSPOTTING

The flamingo gets a sophisticated spin this spring

36 HOUSEKEEPING

How to clean synthetic wicker furniture

60 ROOMS WE LOVE

A whimsical outdoor patio

64 RENO OF THE MONTH

Flaming orange steel walls bring crackling energy to a renovated backyard

68 HIGH OR LOW

Opposites attract in these casual table settings. Can you tell the difference?



100



54



DECORATING

76 ON THE BRIGHT SIDE

A modern Vancouver home is injected with Nordic flair

84 MEASURE OF SUCCESS

This Victorian house was lovingly renovated to bring back some of its old-world charm

92 BEFORE SUNRISE

Eight tips to help you throw a spectacular and stylish soiree

FOOD

124 FULLY LOADED

We look to the enticing new cookbook *The Natural Food Kitchen* for inventive and nourishing recipes

REGULARS

FROM OUR EDITOR 12

GET SOCIAL 18

INSIDE STYLE 24

WORKBOOK 136

STYLE BOARD 138



124

ON THE COVER

An alfresco dining area dressed up with string lights, stylish textiles and hints of greenery 108

PHOTOGRAPHY

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ARTWORK INTERVENTION

This 1990 pencil drawing by artist Brian McDonald was my birthday gift to my husband this year. In our house, hockey + horses = domestic bliss.

HORSE PLAY

One day, for reasons that will become apparent, I sought out a small piece of hockey art as a sop to my husband's questionable tastes. This was to appease him, because on those occasions when Ken was in a bad mood, he would make considerable comments about what he saw as "a clear surfeit" of equestrian artwork in our home. In fact, during one of his blacker diatribes, he dubbed our house "horseback hall."

I explained that I began collecting art with a focus on all things equestrian long before I met him. Over the years, I've acquired beautiful artwork from internationally acclaimed photographers like Roberto Dutesco, Virginia Macdonald, Stacey Van Berkel and Rob Fiocca, as well as many paintings by artist Jennifer Pratt (granted, I had commissioned her to paint the horses I owned). But that explanation did little to convince my stormy husband. "There's more to life than a bunch of hooves," he stated and stalked off.

With Ken's birthday coming up, I decided to surprise him. But finding a piece of hockey-related art that would appeal to both our tastes proved more difficult than I imagined. Fortunately, I lucked out when helping my father clear out his place. He had a small pencil drawing of five hockey players on the ice. The piece is beautiful and lyrical – perfect for both of us. When I gave it to my husband, I acted as if I would be sacrificing my style by hanging it, but that's not the case. Until he reads this, he will never know how much I love it, too.

Erin

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BIG IMPACT

I fell in love with the bold wall-paper featured on page 66 of *Style at Home*'s March 2015 issue ("A Happy Compromise"). After realizing that the pattern was no longer available in black and white as I had envisioned for my kitchen, I took matters into my own hands: I painted the space white and made my own stencil to create accent walls (shown above). I'm crediting my burst of energy to the fact that I'm due with baby number three this weekend!

CHRISTINA MCKENZIE, VIA EMAIL



FUZZY FEELINGS

I always wait for the perfect moment to open *Style at Home*. Everything has to be right: a clear schedule, along with tea, cookies, pillows and the fireplace going. Reading the February 2015 issue was heavenly, thanks to the beautiful photos and fresh design ideas that I hope will one day work in my home.

ELAINE YOUNG, DARTMOUTH, NS



DESIGN FETE

My birthday is in April, and this issue felt like a gift. I've recently gotten into the habit of cutting out beautiful images from magazines to paste inside a scrapbook and look at when I'm feeling a bit blue. I ended up with a big stack

from the April 2015 issue! Thank you for producing a great Canadian magazine that is always a pleasure to read.

NANCY LAROCHELLE, VIA EMAIL



SPRING THAW

It was a dreary and cold day in Edmonton. I had just returned from a warm holiday and was having a hard time adjusting mentally. I settled down with my morning coffee and the just-arrived April 2015 issue of *Style at Home*. As I turned the pages, I perked up. The spring colours! The freshness! The inspiration! Without a word of a lie, I quickly jumped up, newly energized and motivated. My day flew by as I unpacked my spring decor to get rid of my winter doldrums. Thanks for the pick-me-up!

GLORY KOPINSKY, EDMONTON



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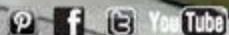
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Behind the Scenes

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★ The *Style at Home* team has a blast at IKEA's House of Kitchens party. From left: TV personality Jillian Harris, assistant editor Brittany Devenyi, associate editor Sara Cation, associate design editor Morgan Lindsay, contractor and TV star Scott McGillivray and celebrity chef Lynn Crawford.



◀ Research editor Mary Levitski cozies up to designer Nate Berkus at the Unstoppables launch party in New York City.



» Design editor Stacy Begg (left), senior style editor Ann Marie Favot (right) and associate design editor Morgan Lindsay (far right) hang out in Chelsea, NYC. To learn more about this stylish 'hood, turn to page 38.



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BURT'S BEES

Natalia is wearing Napa Vineyard Lip Crayon



STYLE AT HOME LOVES *Florals*

FLORALS ARE ON TREND FOR SPRING AND THIS TRIO OF ACCESSORIES FROM INDIGO'S DAYDREAM COLLECTION GUARANTEES INSTANT CHEER, THANKS TO THE CLASSIC PRINT AND FRESH PASTEL COLOUR PALETTE.



Channel your inner fashionista and make every trip special with this practical passport case. The bright floral print guarantees that you'll never lose your passport in your bag again. The coordinating clutch is the perfect complementary accessory for the stylish traveller.



floral & fabulous



Indigo

For more inspired design, visit indigo.ca

why WE LOVE IT

Florals and pastels are big for Spring 2015 – add a hint of the look with the Indigo Daydream Collection.

where IT WORKS

Take inspiration from these accessories and decorate with bright white walls, coupled with pale blue or mint green accents.

who IT'S FOR

With so many colour options, this floral trend is for anyone who wants an easy way to integrate the latest spring look into their home.

“A thing of
beauty is a
joy for ever.”

—JOHN KEATS, POET

Discover our full pillow collection
in stores & online. All pillows include
a 100% feather and down-filled insert.
Starting at \$34⁵⁰



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Stylenews

DECOR, TRENDS & IDEAS

PRODUCER MORGAN LINDSAY | TEXT MARY LEVITSKI



Plastic and eucalyptus
Adelaide DINING
CHAIRS in White, \$393
each, BoConcept,
boconcept.ca.

MAY'S MUST-HAVE: *modern outdoor seating*

Mixing a classic Mid-Century Modern silhouette with rich natural eucalyptus, BoConcept's weatherproof Adelaide chairs blend indoors and out. We spot a new icon in the making!



SWINGIN' ALONG

It's time for your backyard to **GRADUATE FROM THE TIRE(D) SWING**. The Nautica swinging chair is a retro gem from the archives of 55-year-old Spanish furniture company Expormim.

Expormim powder-coated aluminum Nautica **SWINGING CHAIR** with acrylic and polyester cushions, \$3,750, Tusch Seating, tuschseating.com.

Teak Tock
When left sitting out in harsh Canadian weather, outdoor furniture can deteriorate quickly. That's why we love teak, which only gets better with age, taking on a silvery cast. This classic harvest table by Canvas for Canadian Tire (part of a collection of staple pieces sold separately to prevent a matchy-matchy look) is the perfect vehicle to carry the time-worn patina.

Canvas for Canadian Tire Teak **HARVEST TABLE**, \$800, Canadian Tire, canadiantire.ca.



ALLEN KEY

SUNBRELLA HAS CEMENTED ITSELF AS THE PARAGON OF WEATHER-RESISTANT TEXTILES, BUT ITS LATEST COLLABORATION WITH DESIGNER FABRIC HOUSE ROBERT ALLEN TAKES IT TO NEW HEIGHTS. WITH SUCH REFINED MOTIFS, IT'S HARD TO BELIEVE THESE FABRICS ARE PURE ACRYLIC (READ: BLEACHABLE). COMBINE A FEW PATTERNS IN ONE HUE FOR A COLLECTED APPEARANCE.

FROM TOP Sunbrella acrylic Rippling Leaf **FABRIC** in Turquoise, Painted Lines **FABRIC** in Turquoise, and Twinkling **FABRIC** in Indigo, from \$112 per yard each, through designers, Robert Allen, robertallendesign.com.



HOME RUN

Montreal-based Objective's runners **CONJURE A SIMPLER TIME, WHEN TABLES WERE SET MODESTLY YET DELICIOUSLY** with freshly baked bread and just-picked fruit. The striped linens bring a touch of rustic nostalgia to any tabletop – even if you're serving a microwaved dinner.

Linen Rustic **TABLE RUNNERS** in Blue, \$75 each, Objective, madebyobjective.com.



Yes, this is all La-Z-Boy.

And no, you aren't the first to ask.



See the full collection in our
new Style Book at la-z-boy.com.



My friends are always amazed when they find out that La-Z-Boy doesn't stop at recliners. Once I tell them, they can't get there fast enough to shop for sofas, sectionals and loveseats. Trust me, it's worth taking another look at all the comfortable, great-looking furniture La-Z-Boy offers. Any more questions?

LA Z BOY
Live life Comfortably.

TRIBAL TROVE

HOMESENSE GOES RIGHT TO THE SOURCE TO BRING THE TRIBAL TREND HOME: THESE COLOURFUL CATCH-ALL BINS ARE HANDWOVEN IN UGANDA BY LOCAL CRAFT GROUPS, HELPING TO PRESERVE AN ARTISANAL TRADITION AND SUPPORT THE REGION'S ECONOMY.

Millet and raffia handwoven Ugandan **BINS**, from \$4 each, HomeSense, homesense.ca.

Safari-inspired patterns are woven using naturally dyed raffia and millet.

THIRSTING FOR...

Resembling a Mid-Century Modern vase, this statuesque steel Bittergurka watering can would be **RIGHT AT HOME AMID A COLLECTION OF SLEEK PLANTERS**, always handy for a quick sprinkle.

Powder-coated steel Bittergurka **WATERING CAN** with bamboo handle, \$16, IKEA, ikea.ca.

Quench your container garden's thirst for style with a **SCULPTURAL WATERING CAN**.



Real Flame round propane-powered Mezzo **FIREPIT**, \$799, Lowe's, lowes.ca.

This super-sleek firepit will **KEEP YOUR GUESTS TOASTY ON COOL NIGHTS**.

EURO CHIC

Calling to mind an awning over a quaint French café, the scalloped detail on this wrought-aluminum lounge from Hauser will **INTRODUCE SOME EUROPEAN SOPHISTICATION TO YOUR POOL DECK**. Keep the party going till the wee hours by pairing it with a streamlined firepit like this propane-powered one from Lowe's.

Awning Collection wrought-aluminum **LOUNGER** in Grey Screen with Sunbrella cushion, \$2,925, Hauser Company Stores, hauserstores.com.

The making of a new classic.

Almost overnight, our midcentury-inspired Petrie sofa became a classic and is now one of the most sought-out designs in our collection. Benchmade exclusively for us at a family-owned workshop in North Carolina, its certified sustainable hardwood frame hosts comfortable cushions—each tufted, buttoned and tailored by hand in iconic '60s style.



Crate&Barrel Furniture Collection

Toronto • Mississauga • Calgary • Edmonton • Laval • Vancouver | 888.657.4108

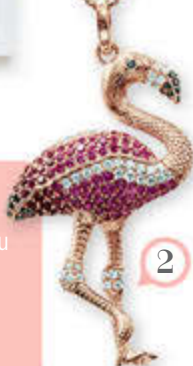
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3



2



4



inspiration

Designer Mary Katrantzou dresses up the pink flamingo in this look from her collection.

flamingo

Not just for the Palm Beach set, the flamingo takes on a sophisticated spin this spring.

7

Add a fanciful flourish to

your next dinner party.



6



5



1 Flamingo No.3 **PRINT**, from \$25 US, The Animal Print Shop by Sharon Montrose, theanimalprintshop.com.

2 Sterling Silver Glam & Soul rose gold-plated **PENDANT**, \$664, Thomas Sabo, thomassabo.com.

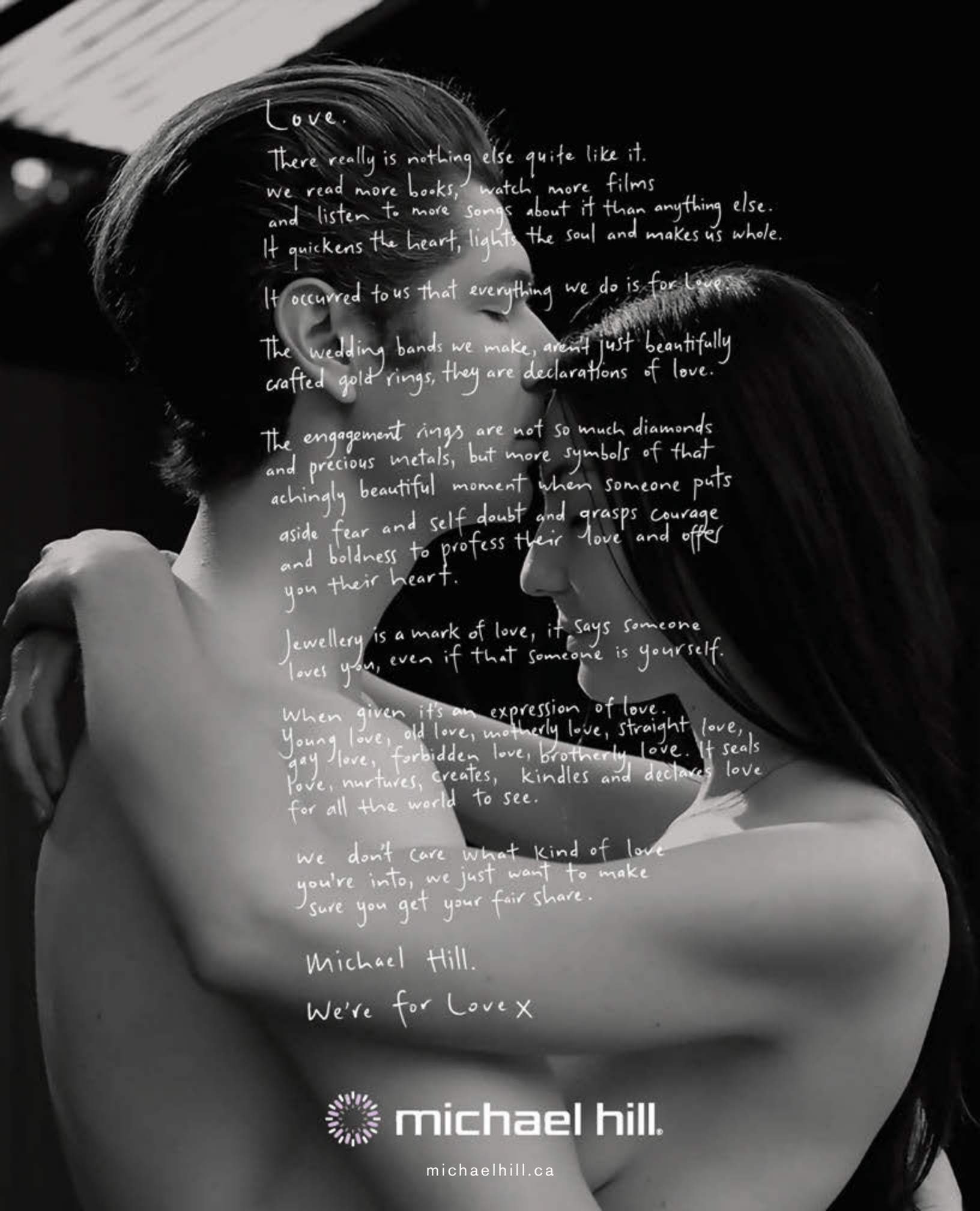
3 Cole & Son Flamingos 95/8046 **WALLPAPER**, \$246 per double roll, through designers, Lee Jofa, leejofa.com.

4 Flamingo T-Bar **SHOES** in Black, \$620 US, Sophia Webster, sophiawebster.com.

5 Flamingo **SHOWER CURTAIN**, \$130 US, Thomas Paul, shopthomaspaul.com.

6 Hot Collection Art Stick **LIPSTICKS** in Hot Pink, \$30 each, Bobbi Brown, bobbibrown.ca.

7 Fancy Flamingo **PLATES**, \$55 US per set, Yvonne Ellen, yvonneellen.etsy.com.



Love.

There really is nothing else quite like it.
we read more books, watch more films
and listen to more songs about it than anything else.
It quickens the heart, lights the soul and makes us whole.

It occurred to us that everything we do is for love.

The wedding bands we make, aren't just beautifully
crafted gold rings, they are declarations of love.

The engagement rings are not so much diamonds
and precious metals, but more symbols of that
achingly beautiful moment when someone puts
aside fear and self doubt and grasps courage
and boldness to profess their love and offer
you their heart.

Jewellery is a mark of love, it says someone
loves you, even if that someone is yourself.

When given it's an expression of love.
Young love, old love, motherly love, straight love,
gay love, forbidden love, brotherly love. It seals
love, nurtures, creates, kindles and declares love
for all the world to see.

we don't care what kind of love
you're into, we just want to make
sure you get your fair share.

Michael Hill.

We're for Love X



michael hill.

michaelhill.ca

Resin Wicker

Our resourceful research editor, Mary Levitski, explains how to spruce up your weatherproof woven furniture and keep it pristine.

HOW-TO

1 PREPARE

Remove all cushions, which should be laundered separately as per the manufacturer's instructions. Remove and clean any glass panes (such as tabletops) with a specialty spray.

2 CLEAN

Using the jet setting, hose the furniture off with water to remove loose dirt, dust and water marks. Though weather-resistant synthetic wicker is significantly sturdier than its natural-fibre counterpart, its textured surface poses the same cleaning challenge. Get into the nooks and crannies by scrubbing the surface with a nylon-bristled brush dipped in soapy water (use one part mild dish soap to eight parts water). If you live in a very wet climate, add one part white vinegar to the solution to ward off mildew. Rinse the furniture with the hose and leave it out in the sun to dry.

3 PRESERVE

At the end of the season, move the furniture to a covered area like a garage or shed, and drape it with cotton canvas sheeting to combat dust. If you're unable to take it indoors, wrap the furniture tightly in waterproof tarps.



tried & true tip

When nestled into a verdant yard, your outdoor furniture can get into a sticky situation: Sap drippings from surrounding trees can be tricky to remove. Begin by scraping off any dry sap using a dull blade. Next, rub the remainder using a clean cloth dipped in rubbing alcohol. Wash the alcohol off with mild dish soap and rinse with water. The sap will be gone without a trace.

(handy helpers)

Preserve grass and other plants by using a natural all-purpose spray to clean up spills.



OLD TIMER J.R. Watkins has made things the old-fashioned way since 1868.

ALL-PURPOSE CLEANER in Lemon, \$6, J.R. Watkins, jrwatkins.com.



LIMITED EDITION Get this naturally derived summery scent while you can!

Method **ALL-PURPOSE CLEANER** in Sunset Beach, \$5, Well.ca.



FAMILY LORE Developed by a Torontonian based on her grandmother's recipe.

ALL-PURPOSE CLEANER in Lime & Ginger, \$10, C Is for Clean, cisforclean.com.

The end OF THE ROAD FOR GRIME.

HIS MAGIC ERASER SCRUBS AWAY
THE TOUGHEST GRIME WITH EASE.



FOR RIMS + INTERIOR + GLASS

Wet before use. Not recommended for vehicle body,
high gloss or upholstered surfaces. Use as directed.



WHEN IT COMES
TO CLEAN
THERE'S
ONLY ONE
Mr.

chelsea, nyc



The must-see High Line park, trendy boutique hotels and bustling art, design and food scenes converge in this Manhattan neighbourhood.



THE HIGH LINE HOTEL

Each of the light-filled rooms in this seminary-turned-hotel has an eclectic vintage vibe, with antique-look furniture and views of either the private courtyard or the High Line.

180 10th Ave., thehighlinehotel.com.



TENTH AVENUE COOKSHOP

Dine and sip at Tenth Avenue Cookshop, a popular corner spot that offers seasonal dishes ranging from homey to healthy.

156 10th Ave., cookshopnyc.com.

Canadian textile designer Virginia Johnson recently debuted items from her new Le Weekend line at Story.



STORY

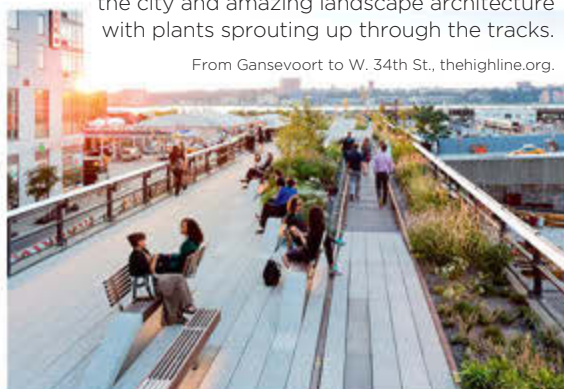
This retail concept store reopens every month or so with a new theme, changing up its wares and interior design.

144 10th Ave., thisisstory.com.

THE HIGH LINE

Stroll through the elevated park along an old freight train line, featuring stunning views of the city and amazing landscape architecture with plants sprouting up through the tracks.

From Gansevoort to W. 34th St., thehighline.org.



CHELSEA MARKET

You'll find more than 30 vendors inside Chelsea Market, including hunger-inducing food stands, a well-equipped kitchenware shop (Bowery Kitchen Supply) and a fabulous flea market (Artists & Fleas).

75 9th Ave., chelseamarket.com.



ART GALLERY HOPPING

GLADSTONE GALLERY
gladstonegallery.com

MATTHEW MARKS GALLERY
matthewmarks.com

THE RUBIN MUSEUM OF ART
rubinmuseum.org

To download a handy map, visit chelseagallerymap.com.

Editor-in-chief Erin McLaughlin tied the knot in Chelsea Market.



TEXT: AMANDA ETTY; PHOTOGRAPHY: STACEY VAN BERKEL (PORTRAIT), COURTESY OF THE HIGH LINE HOTEL, COURTESY OF JAMESTOWN (CHELSEA MARKET), IWAN BAAN (THE HIGH LINE); ILLUSTRATION: EMILIE SIMPSON



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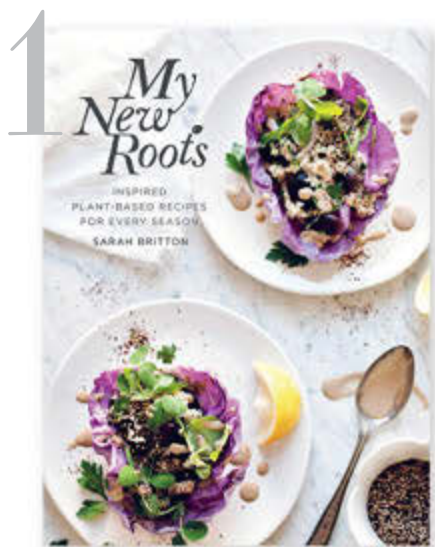
The 2015 Patio Collection.
Versatile, stylish furniture and accessories
so you can create your own perfect backyard.

Exclusively at
For more ideas and inspiration, visit canadiantire.ca/canvas



Kitchen Cravings

Associate editor and food enthusiast Amanda Etty rounds up the latest gourmet products and gadgets for the healthy home cook.



BRANCHING OUT

From holistic nutritionist, blogger and Canadian expat Sarah Britton comes a long-awaited collection of more than 100 seasonal plant-based recipes. With essential techniques to master and a list of wholesome items to have in your pantry, consider this your guidebook to happy, healthy living.

My New Roots **COOKBOOK** by Sarah Britton, \$30, Indigo, indigo.ca.

SPIN DOCTOR

Take your fresh veggies for a spin (literally) with Microplane's spiral cutter. The tool creates beautiful ribbons out of raw vegetables, such as zucchini, radishes and carrots, using its razor-sharp slicing barrels.

Microplane Spiral **CUTTER** in Black, \$15, Stokes, stokesstores.com.



Vancouver
The Juicery Co.
thejuiceryco.ca

Toronto
Greenhouse Juice Co.
greenhousejuice.com

The Good Press
thegoodpress.ca

Montreal
Joys of Living
joysofliving.com

Halifax
The Juice Press
juicepressinc.com

2 FRESH OFF THE PRESS

If you've made juice at home, you know the task is not for the faint of heart. Get your fix at one of the cold-pressed juice shops popping up across the country. The feel-good drinks, often sold in sleek glass bottles, boast a few servings' worth of organic veggies and fruits.



BEST BUBBLES

It's easy to have eight glasses a day when your water is bubbly and flavoured with real fruits and herbs. Bonne O, which launches this month, allows you to place your choice ingredients right into the carbonating bottle for a delicious pressure-infused beverage.

Bonne O **CARBONATION SYSTEM**, \$170, Hudson's Bay, thebay.com.

cocktail pick



GARDEN-TO-GLASS GIN

Piger Henricus puts a twist on classic gin cocktails. This hand-crafted artisanal spirit from Quebec is made with traditional London dry gin botanicals, such as juniper berries and lemon zest, as well as – the secret ingredient – parsnip, which adds a subtle bitterness.

GIN, \$40, Piger Henricus, pigerhenricus.com.

L WHO'S **IN THE CLUB** **K** NOW



Naturally Flavoured Club Soda with a HINT of Lemon and Lime.
Refreshingly Unsweetened and Low Sodium.

Join the Club!

*Trademark of Canada Dry Mott's Inc.



Rose Buttercream Crepe Cake

Recipe developer and food stylist
Tanya Eng invents a sweet treat that's perfect
for celebrating Mother's Day with style.

PHOTOGRAPHY JOE KIM | PROP STYLING ANN MARIE FAVOT



*If girls are made of sugar and spice,
then we think that moms definitely have
cookies and cakes in their DNA.*

AS A FITTING TRIBUTE TO THE MOST IMPORTANT WOMAN
IN YOUR LIFE, WE'RE BRINGING YOU THIS EASY-TO-MAKE,
DELICIOUSLY LIGHT YET DECADENT TREAT.

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resort
not include
vegetables?



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feel **All-Bran** new.

The wheat bran fibre in All-Bran cereal promotes regularity. ††1/3 cup (28 g) is a serving of All-Bran Buds* cereal. ©2015, Trademark of Kellogg Company used under license by Kellogg Canada Inc.



INGREDIENTS

SERVES 8 TO 10

- 10 to 15 organic or unsprayed rose petals
- 6 egg whites + 3 tbsp for sugared rose petals
- 1½ cups granulated sugar, divided
- 20 store-bought 10" round crepes
- 1½ cups unsalted butter, softened
- 3 tbsp rosewater
- 1½ cups raspberry jam
- 2 tsp icing sugar

DIRECTIONS

To make the sugared rose petals, brush the rose petals lightly with a thin coating of the 3 tablespoons egg whites. Place the petals in a bowl containing ½ cup sugar, and spoon the sugar over the petals to coat. Shake off the excess sugar and place the petals on a paper towel or cooling rack to dry. The dry petals can be kept in an airtight container for up to 2 days.

Refresh the crepes by lightly heating them in a large non-stick pan; set aside to cool.

Bring a saucepan filled with an inch of water to a simmer. Combine the remaining 6 egg whites and 1 cup sugar in a metal bowl. Place the bowl over the simmering water and heat the mixture, whisking constantly, until it registers 160°F on an instant-read thermometer. Remove the bowl from the heat and whip the mixture with a hand-held or stand mixer on medium-high speed until the mixture has cooled and stiff peaks form. Add the butter and beat on high until a smooth buttercream forms (the mixture will appear to curdle before smoothing out again); beat in the rosewater.

To assemble the cake, spread about 3 tablespoons of the buttercream on 1 crepe; pipe a loose spiral of jam onto the crepe using a piping bag fitted with a small tip. Repeat with the remaining crepes, placing each on top to form a stack. Top with the sugared rose petals and dust with the icing sugar. Serve.



PHILLY MAKES THE TART GROW FONDER

Proudly inspired by a recipe from MasterChef Canada.

Philly Phyllo Cheesecake Tarts

- 2 pkg. (250 g each) **Philadelphia** Brick Cream Cheese, softened
- 4 sheets frozen phyllo dough, thawed
- 2 Tbsp. butter, melted
- 1/4 cup sugar
- 2 cups **Cool Whip** Whipped Topping, thawed
- 1 cup canned cherry pie filling

HEAT oven to 350°F.

STACK phyllo sheets, brushing butter between each layer. Cut into 24 (3x3½-inch) rectangles. Press 1 rectangle into each of 24 muffin cups sprayed with cooking spray.

BAKE 8 to 10 min. or until golden brown. Cool.

BEAT cream cheese and sugar with mixer until blended. Stir in Cool Whip. Spoon evenly into phyllo cups; top with pie filling.

REFRIGERATE for 10 min.

MAKE AHEAD: the phyllo cups can be baked ahead of time. Store in airtight container at room temperature for up to 24 hours. Fill as directed just before serving.

VARIATION CITRUS: add the zest and juice of 1 lemon. Prepare cream cheese filling as directed, adding lemon juice with the sugar. Sprinkle tarts evenly with lemon zest before serving.

VARIATION MAPLE WALNUT: prepare cream cheese filling as directed, adding ¼ cup maple syrup with the sugar. Top each tart with ½ tsp. chopped toasted walnuts and a drizzle of maple syrup before serving.



Find more MasterChef Canada inspired recipes at:
Kraftcanada.com/mcc

Watch MasterChef Canada on CTV for more great inspiration.



A Window into a Trendsetter's Style Picks



If you want to know the trends the world's most fabulous homes will be featuring, look no further than **Budget Blinds®**.

Tracy Christman is the design expert and Vice President of Vendor Alliance at Budget Blinds, the world's largest window coverings franchise. Tracy travels the world, working with the best manufacturers to identify the hottest colours, styles, and fashion-forward trends in home décor.

ORGANIC LIVING

A clutter-free approach combining form and function for a natural, easy-living vibe with clean lines, inviting you to kick off your shoes and stay awhile.



» For even more of Tracy's style forecasts and ideas about how to bring your home to life with splashes of colour and beautiful design, go to blog.budgetblinds.com



GLAM COUTURE

It's all about the way the colour palette, fabrics, and finishes make you feel. The blending of fabrics with luster and sheen, runway-worthy fashion trends, and dressmaker details add dazzling personality to your living spaces.



ROUGH LUXE

An "opposites attract" approach where we see every elegant juxtaposition you can imagine, from industrial to opulent. Draperies, table tops, and accessories are glossy smooth or heavily textured.



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Each Franchise Independently Owned and Operated. *Entrepreneur® magazine, 1996-Present.

If you've watched the hit Bravo show *Million Dollar Decorators*, you'll know that Kathryn Ireland is a character. Her posh British accent, California-cool attitude and out-of-this-world eclecticism amount to a personality as endearing as her designs. And while I've seen her share irreverent jokes on the show with close pal (and co-star) Martyn Lawrence Bullard about bra shopping and chocolate addiction, when I met Kathryn, we stuck to the topic of decor. After all, if you had such an icon in front of you, would you waste time talking about anything else?



The living room of this Malibu beach house that Kathryn Ireland designed for friends proves her penchant for layering bold colours, patterns and textures.



Kathryn Ireland

Associate editor and social butterfly Sara Cation rubs elbows with the brightest minds in interior design.

FROM TOP Batik Diamond in Mauve and Summers in France Tatiana in Custom TA-1 **FABRICS**, Kathryn M. Ireland Textiles & Design, kathrynireland.com.

PHOTOGRAPHY, TIM BEDDOW



Unveil beautifully rejuvenated hair
 New Dove Vitality Rejuvenated
 Perfectly nourished + 2x fuller*
 more youthful looking hair

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 ADVANCED
 HAIR SERIES

Did you know? With age your hair can lose essential nutrients and become more coarse, dull and can appear thinner. That is why Dove Advanced Hair Series created the new Vitality Rejuvenated range. It is a specifically designed ritual for aging hair. Formulated with proteins and collagen, it nourishes and replenishes essential nutrients lost with age. Unveil thicker looking hair, full of vitality.

www.dove.ca

* Vitality Rejuvenated Range vs flat, limp hair.



Kathryn's "if you see it, you'll use it" motto is put to the test in her charming colourful kitchen.



It's tough to see, but that's an AGA range in luxurious Claret (pictured below). Kathryn has since switched it out for the Pistachio one.



"I'VE BEEN A FAN OF AGA ALL MY LIFE," SAYS KATHRYN, WHO CAME TO TORONTO'S GRANGE SHOW-ROOM LAST FALL TO DEMONSTRATE HER FAVOURITE FEATURES.

In what ways is your personality reflected in your designs?

My designs are bright, uplifting, irreverent and slightly witty. "Serious" is a word I avoid both in decorating and in life – I like whimsical, unexpected things.

What's one of your earliest design memories?

I used to read all of my mother's house and garden magazines, and when I was about seven or eight, I told her I wanted my bedroom to be apple green, which was very hip in those days. So we remodelled my room based on things I'd seen in magazines – a canopy, a walk-in closet. We must have been the first people in England to have a walk-in closet.

Was it a good look?

Yeah, totally. But in those days I didn't think this is what I'd end up doing.

Looking back, does your career path make sense?

Some of it does. I was big into needlework.

I won the sewing prize for my patchwork quilt when I was seven. I was very hands-on about making things, and I liked decorating – I just instinctively knew where things should go.

How does your English heritage influence your aesthetic?

I always go back to my European upbringing. I spent lots of time in London, the Scottish countryside and Vicenza, Italy, and so I was fortunate to live and stay in amazing historical and architectural houses. It rubbed off on me.

And how has that changed since moving to California?

I'm a lot more laid-back. My traditional English upbringing was thrown into bohemian Malibu beach life. It's a good mix, a very livable look.

What other places inspire you?

Morocco, Egypt, Scotland, the French countryside...I'm here in Toronto on a beautiful day, looking at the buildings, and it's such a great vibrant city. I'm inspired wherever I am – unless I'm held up in an airport somewhere.

What would we be most surprised to find in your home?

Maybe my collection of black and white photos of sports personalities from the '20s to today. I started it for my three boys – they love sports.

How else did you adapt your decor to accommodate three boisterous sons?

It's my state of mind: Everything is unprecious. Things are going to get broken; things are going to be spilled. Who cares? It's part of the tapestry of life. Life is to be lived, not to be put on a pedestal.



Will their love survive?

OUTLANDER

THE STORY CONTINUES

SUNDAY APRIL 5

**SHOW
CASE**



THE ARMCHAIRS IN KATHRYN'S LIVING ROOM WERE UPHOLSTERED IN A CUSTOM-EMBROIDERED SULTAN'S ROBE FROM HER CLOSE PAL MARTYN LAWRENCE BULLARD.



Do you have any design pet peeves?

I hate things that are ill-fitting or with colours that are off. I love quirky flea market finds, but I don't like things that are badly made.

What's your advice for flea market shopping?

Go with your gut and make sure you really love and need it, because otherwise you're going to end up with a garage full of stuff you don't use.

It happens to the best of us!

ABOVE Kathryn's latest book, *Inspired By...* (Gibbs Smith, \$54).

BELOW Rose and coral reign in Kathryn's bedroom, which Lindsay Lohan famously asked to have replicated in her own home on *Million Dollar Decorators*.

BOTTOM Kathryn had her sculptural cast-iron claw-foot tub painted pink.

What's your favourite room in your house?

Ooh, I just *love* my bedroom! It's the one room that's not a walk-through - all the other rooms in my house lead out to the gardens or from one room to the next - so this is the only place where I can close the door and be on my own. On Sundays, I try to stay in bed as long as possible and totally disconnect.

What advice would you give to a novice who wants to layer colours and patterns?

Take chances and be a bit bold. Because decorating can be expensive, layer in things you can easily change like throws and toss cushions. I love wallpaper as well - put it on a feature wall and it becomes the room's artwork.

What colour palette are you loving right now?

I suppose I've drawn upon my English-Scottish background for my newest collection. I'm doing some wonderful plaids and using sort of earthy colours: heather with pinks and taupes.

Tell me about your partnership with AGA.

Being such a colourist, I've been a fan of AGA ranges all my life. They're the focal point of the room; they draw you to them. It's fantastic to have this bit of colour in your kitchen. I've had one in Pistachio, Claret and Cream. I'm very spoiled!



FROM TOP Toile Ikat Check in Pastel Pink, Summers in France Zazu in Reverse Peony and Lola in Pink **FABRICS**, Kathryn M. Ireland Textiles & Design, kathrynireland.com.

PHOTOGRAPHY: TIM BEDDOW, GETTY IMAGES/ BRAVO, ANDREAS VON EINSIEDEL (2)



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OUT OF THE (BIG) BOX



**MARCUS
ENGMAN**
Design director,
IKEA

Editor-in-chief Erin McLaughlin jetted off to IKEA headquarters in Älmhult, Sweden, to sit down with Marcus Engman, the company's creative wizard, and get an exclusive behind-the-scenes look at several exciting new collaborations.



Art Event
Erosie **PRINT**,
IKEA, ikea.ca.

A NEW PLACE FOR STREET ART

In an effort to make avant-garde artwork accessible to all (and to bring street art out of its black-sheep status), IKEA reached out to 12 artists across the globe, from China to Serbia to France, to adapt their one-of-a-kind pieces into inexpensive limited-edition prints. "We wanted to democratize art," says Marcus Engman, IKEA's design director, of the Art Event collection. "We also wanted to provide an arena for good artists who might otherwise not be noticed in the art world." Erin is in love with the black and white abstract Erosie print (shown above): "I can see it in an elegant family room, a funky bedroom or an ultra-modern dining room," she says.

COPYCAT

"THE PRINT IS BASED ON WALL PAINTINGS I DID IN A SIMILAR STYLE," SAYS JEROEN EROSIE, A NETHERLANDS-BASED ARTIST.

.....

*If you're thinking about lunch,
it's time to rethink your breakfast.*

.....



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A CHANCE ENCOUNTER

Marcus met Ruthel Eksell, the widow of Swedish illustrator Olle Eksell (1918–2007), entirely by chance. Forming an instant connection, Marcus found himself poring over more than 10,000 of Olle's illustrations, working closely with Ruthel to develop her husband's body of work – which has graced children's books, decor items and much more – into the Önskedröm collection for IKEA. "He was a true visionary, driven by joy, imagination and curiosity," explains Marcus.

Önskedröm
TOSS CUSHION,
IKEA, ikea.ca.

Erin's favourite
new find!

Önskedröm framed
PRINT, IKEA, ikea.ca.

A GREAT TALENT

"Olle couldn't stop himself from sketching," Marcus told Erin, while taking her through some of his favourite illustrations. "This intricate arrow is amazing because it's all one continuous line, done without lifting his hand from the page."

"Our hope is that some of Olle's happiness will rub off on everyone's everyday life," says Marcus.

BIRDS OF A FEATHER

"Olle Eksell could not draw people. He found that he could not make them lifelike," says David Castenfors in his book about Olle, titled *Of Course!* "But when he drew birds, he suddenly managed to capture the characters of people." These playful bird caricatures feature prominently in this equally playful collection.



THEN

FROM THE LATE 1950S, OLLE WAS OBSESSED WITH DRAWING BIRDS. THE BOOK *OF COURSE!* REVEALS A TRAY PROTOTYPE FROM 1960.



Of Course! BOOK by David Castenfors, IKEA, ikea.ca.



NOW

IKEA'S 2015 ADAPTATION. Önskedröm TRAY, IKEA, ikea.ca.

SNAPSHOTS OF COPENHAGEN

Here are some of Erin's favourite moments.

1 Peder Oxe (the best restaurant for Dover sole in Copenhagen) is as beautiful outside as it is inside. **2** An evening along the famous Nyhavn canal. **3** Chic storefronts are everywhere you turn.



FIGHT OFF THAT

*"I'll have one...okay,
maybe two"*

HUNGER



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A FRESH PHILOSOPHY

Cultivating relationships with outside designers is at the heart of Marcus's vision for IKEA. He's creating new entry points through fresh collaborations, providing different ways of looking at the brand. For the Sinnerlig collection (available in August), IKEA partnered with celebrated designer Ilse Crawford of Studioilse; it also marks the company's move to sustainable design – this collection features the chic use of cork.

SHAPED ON-SITE

ONE OF ERIN'S HIGH-LIGHTS FROM THE COLLECTION: SINNERLIG GLASSWARE.



BRITISH INVASION

Ilse Crawford of the British design company Studioilse is committed to creating relaxed, comfortable spaces that enhance everyday life. It's a mantra she maintained when collaborating on this collection for IKEA.



“An IKEA design is always done in a collaborative way,” explains Marcus. “Working closely with material innovators and production is just as important as working with designers.”



EASTERN INFLUENCE

IKEA designer Nike Karlsson travelled to Vietnam and, working with locals, developed the new Nipprig collection, which boasts accents that pair perfectly with the Sinnerlig pieces.



DESIGN ON DISPLAY

THE STUDIOILSE RESIDENCY AT THE APARTMENT, A RESIDENTIAL SHOWROOM IN COPENHAGEN WHERE PEOPLE CAN VISIT AND SHOP.



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A MARBLE TABLETOP WITH A CURVED GOLD BASE INFUSES THE SPACE WITH ELEGANT MODERNITY, WHILE THE SHOWY BLOOMS ADD FEMININE FLAIR.

Pretty Patio

The enchanting outdoor patio of Rashell Gouwenberg, co-owner of Vancouver's Peridot Decorative Homewear, contains magical touches fit for any fairy tale.

TEXT BRITTANY DEVENYI | PHOTOGRAPHY TRACEY AYTON | STYLING LEAH BALDERSON



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* vs. a leading body wash

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Custom **DINING TABLE**, Peridot Decorative Homewear; **RUG**, Pottery Barn; **PITCHER, TUMBLERS**, Anthropologie.



SERVING REFRESHMENTS OUT OF AN ANTIQUE-LOOK HOBNAIL PITCHER LENDS VINTAGE CHARM TO THE TABLESCAPE.



get the look



◀ Peacock **ARMCHAIR** in White, \$560, Pier 1 Imports, pier1.ca.

▶ Powell **DINING TABLE** in Gold, 36", \$1,790 US, Worlds Away, worlds-away.com.



▼ Acrylic Hobnail **SERVING BOWL** in Clear Blue, \$16, West Elm, westelm.com.



◀ Palm **BAR CART** in White Lacquer, \$1,875 US, Worlds Away, worlds-away.com.

Round Jute **RUG**, 6', \$283, Pottery Barn, potterybarn.com.



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before



case study

problem

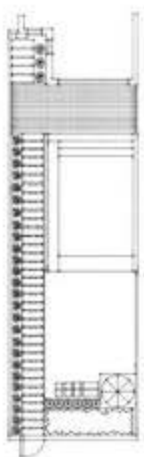
A DERELICT
BACKYARD

solution

HIRE PROS TO
CREATE A MODERN
ENTERTAINING SPACE

garden plan

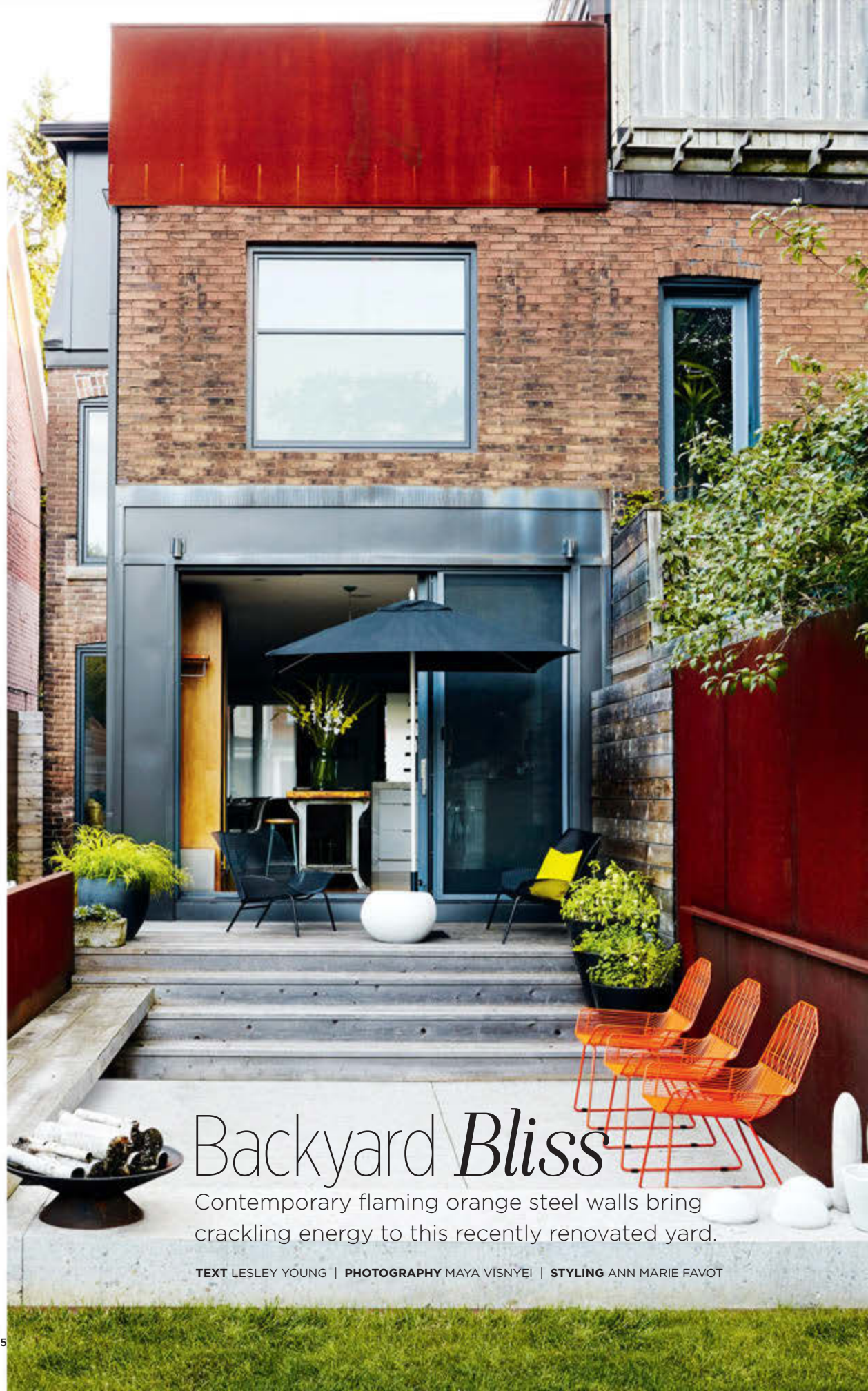
1,260 SQ. FT.



RIGHT & OPPOSITE, BOTTOM

The kitchen opens up directly onto the cedar deck, thanks to sliding doors. The horizontal pressure-treated pine fencing was left unstained. "Over time, it'll grey and blend in seamlessly with the more expensive cedar," says landscape designer Kennedy McRae.

LANDSCAPE DESIGN, Earth Inc., earthinc.com; black **BENCH & LOUNGE CHAIR**, Kiosk Design; orange **CHAIRS**, Bend; **SIDE TABLE**, West Elm; **FIREPIT**, Design Within Reach; **UMBRELLA, UMBRELLA STAND**, Fresh Home & Garden; **TOSS CUSHIONS**, Hollace Cluny.



Backyard Bliss

Contemporary flaming orange steel walls bring crackling energy to this recently renovated yard.

TEXT LESLEY YOUNG | PHOTOGRAPHY MAYA VISNYEI | STYLING ANN MARIE FAVOT



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Toronto food stylist Claire Stubbs had to wait three tedious years before she could tackle the backyard of her Roncesvalles Village semi-detached home because her focus was on renovating the interior. So the space – with little more than a 1980s hot tub and a blown-down fence – was left to languish. “Once I was happy with the inside of the house, I contacted Earth Inc. because I knew they could create the modern look I wanted,” says Claire.

The planning process “January was a great time to hire a landscape design company. Since it’s the off-season, I was the first or second one on their list to get started in the spring,” says Claire. After she gave the team her wish list for a streamlined outdoor entertaining space, they presented her with a dream design kitted out with all the bells and whistles. “We like to present the ideal garden so the client can pick and choose from what is possible,” explains landscape designer Kennedy McRae. Claire loved the team’s contemporary plan – which included a cedar deck and bench, a sunken polished concrete patio and Cor-ten steel walls – but decided to switch out a few of the elements to stay on budget. For example, instead of a water feature, she opted for a larger patch of grass for walking barefoot on hot summer days.

The design decisions Earth Inc. created a sunken polished concrete patio where Claire could entertain and incorporated her ultimate must-have – Cor-ten steel – into two walls that gave shape to an outdoor room. Cor-ten steel is a coveted material, especially in contemporary gardens, says Kennedy. Its natural burnt orange patina, which develops over time when it’s exposed to the weather, dramatically warms up cooler elements. An important consideration: Be sure to seal any surrounding hardscaping, as the steel can drip in the first year of its oxidization process. (“Don’t worry – it’s just the outer layer rusting, which then stabilizes,” says landscape designer Michael McMartin.)

The end result “I love the steel,” says Claire, adding that she installed the same material on her third-floor deck a year later.

FOR SOURCES, SEE OUR WORKBOOK

The gate at the back of the yard was painted bright orange to continue the fiery warmth of the Cor-ten steel used throughout the space.

Festive Orange 2014-10 **GATE PAINT**, Benjamin Moore.



Budget Breakdown

HERE'S WHAT IT'LL COST YOU TO GET THE LOOK OF THIS BACKYARD.

Design: \$5,000

Hardscaping: \$68,000
INCLUDES CEDAR DECK AND BENCH, POLISHED CONCRETE PATIO, COR-TEN STEEL WALLS, LIMESTONE STEPPING STONES AND PRESSURE-TREATED PINE FENCING

Plants: \$18,000
INCLUDES 'KARL FOERSTER' FEATHER REED GRASS, EUROPEAN BEECH, PAPER-BARK MAPLE, CAREX AND POTTED HERBS

Total cost: \$91,000*

*INCLUDES LABOUR

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APRIL 16

KITCHEN DESIGN: WHAT'S HOT, WHAT'S NOT

HOSTED BY STYLE AT HOME EDITOR-IN-CHIEF
ERIN MCLAUGHLIN

SPECIAL GUESTS

Join celebrated designer and TV personality **Glen Peloso** and furniture design and business expert **Jamie Alexander** as they share their top insider tips about the most impressive (and cost-effective) kitchen renovation trends for 2015.



MAY 28

KITCHEN ORGANIZATION 101

HOSTED BY STYLE AT HOME ASSOCIATE DESIGN EDITOR
MORGAN LINDSAY

SPECIAL GUEST

Can't find your favourite measuring cup in your cluttered kitchen? Fret no more! Design blogger, DIY renovator and expert organizer **Jennifer Flores** will pass along her favourite tricks for getting (and staying) organized in the kitchen.



TICKETS

Thursday, April 16, 2015	6:30 to 8:30 p.m.	\$35
Thursday, May 28, 2015	6:30 to 8:30 p.m.	\$25

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high OR low?



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PRODUCER ANDREA MCCRINDLE

TEXT MARY LEVITSKI

PHOTOGRAPHY MICHAEL NANGREAVES



\$1,194

1 Christofle silver-plated Malmaison **FLATWARE**, \$597 per 5-piece set, William Ashley China, williamashley.com.

\$96

2 Lenox bone china Tin Can Alley Four **DINNER PLATES**, \$24 each, William Ashley China, williamashley.com.

\$62

3 Villeroy & Boch La Classica bone china Contura **SALAD PLATES**, \$31 each, William Ashley China, williamashley.com.

\$190

4 William Yeoward handmade glass Fanny **GOBLETS** in Green, \$95 each, Ribbehege & Azevedo, ribbehegeandazevedo.com.

HIGH \$1,922

\$180

5 PVD-coated stainless steel Jett **FLATWARE**, \$90 per 5-piece set, Crate and Barrel, crateandbarrel.ca.

\$116

6 Juliska stoneware Field of Flowers **SALAD PLATES**, per set of 4, William Ashley China, williamashley.com.

\$50

7 Linen Suits **NAPKINS**, per set of 4, Crate and Barrel, crateandbarrel.ca.

\$34

8 Glass Vintage Etched **GOBLETS**, \$17 each, Williams-Sonoma, williams-sonoma.com.

HIGH & LOW Linen Uno **NAPKINS** in Chartreuse, CB2, cb2.ca.

LOW \$294

\$70

1 Polished stainless steel Teagan **FLATWARE** with mirror finish, \$35 per 5-piece set, Crate and Barrel, crateandbarrel.ca.

\$60

2 Sophie Conran for Portmeirion ceramic White **DINNER PLATES**, \$15 each, William Ashley China, williamashley.com.

\$30

3 GlucksteinHome The Penthouse bone china Architectural **SALAD PLATES**, \$30 per set of 4, Hudson's Bay, thebay.com.

\$12

4 Glass Cheval **GOBLETS** in Aqua, \$6 each, CB2, cb2.ca.

\$54

5 Powder-coated stainless steel Matte Black **FLATWARE**, \$27 per 3-piece set, CB2, cb2.ca.

\$28^{US}

6 Hand-painted stoneware Sissinghurst Castle **SALAD PLATES**, \$14 US each, Anthropologie, anthropologie.com.

\$20

7 Linen Classic **NAPKINS** (customized with fabric marker) in Ivory, per set of 4, Indigo, indigo.ca.

\$20

8 Engraved glass Leaves **GOBLETS**, \$10 each, Zara Home, zarahome.com.

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1

A scalloped vintage find makes a pretty backdrop for a floral fave.



2



3

This woodland woodland motif celebrates earthy hues.



7



4



9

Platinum-finished accents electrify any place setting.



8

6



5

NATURE VS. NURTURE

FLORA AND FAUNA ARE THE SUBJECTS OF THIS CURATED SELECTION, BUT A FEW MODERN GEOMETRICS MAKE THEM POP.

1 Hand-painted stoneware Sissinghurst Castle **SALAD PLATE**, \$14 US, Anthropologie, anthropologie.com; 2 Herend Queen Victoria porcelain **BREAD PLATE**, \$122, 3 Versace for Rosenthal porcelain Le Grand Divertissement **BREAD PLATE**, \$92, William Ashley China, williamashley.com; 4 Nature Table stoneware Praying Mantis **DESSERT PLATE**, \$18 US, Anthropologie, anthropologie.com; 5 porcelain Belay **SALAD PLATE** in Black & White, \$7, CB2, cb2.ca; 6 Nature Table stoneware Ladybug **DESSERT PLATE**, \$18 US, Anthropologie, anthropologie.com; 7 Maxwell & Williams William Kilburn bone china Ocean Fantasy **SALAD PLATE**, \$13, Hudson's Bay, thebay.com; 8 Vera Wang for Wedgwood bone china Radiante **SALAD PLATE**, \$34, 9 Hermès porcelain Mosaïque au 24 **BREAD PLATE** in Platinum, \$125, William Ashley China, williamashley.com.

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set the scene

TABLE SETTINGS DICTATE MOOD. HERE, SOME MINOR ADJUSTMENTS LEND OUR CASUAL HIGH AND LOW ARRANGEMENTS SOME FORMALITY.



▲ **formal** Complemented by architectural motifs, this monochromatic setting takes guests from bread and butter through dessert, while also offering a glass for every drink.

Raynaud porcelain Horizon **CHARGER** in Green & Lime, \$155, Lenox bone china Tin Can Alley Four **DINNER PLATE**, \$24, Villeroy & Boch La Classica bone china Contura **SALAD PLATE**, \$31, and **BREAD PLATE**, \$24, William Ashley China, williamashley.com; vintage crystal **GLASSWARE**, \$20 each, bone china **TEACUP & SAUCER**, \$30, sterling silver **BUTTER KNIFE**, \$50, and silver-plated **TEASPOON** (on saucer), \$8, Jacaranda Tree, 416-482-6599; William Yeoward silver-plated Anglesey **FLATWARE**, \$550 per 5-piece set, Ribbehege & Azevedo, ribbehegeandazevedo.com.

▼ **semi-formal** This otherwise structured arrangement gets a dose of informality from colourful florals – both real and illustrated – and zingy yellow accents.

Raynaud porcelain Horizon **CHARGER** in Green & Lime, \$155, Sophie Conran for Portmeirion ceramic White **DINNER PLATE**, \$15, Juliska stoneware Field of Flowers **SALAD PLATE**, \$116 per set of 4, William Ashley China, williamashley.com; William Yeoward handmade glass Fanny **GOBLET** in Green, \$95, Ribbehege & Azevedo, ribbehegeandazevedo.com; vintage crystal **WINEGLASS**, \$20, and bone china **TEACUP & SAUCER**, \$30, Jacaranda Tree, 416-482-6599; silicone-coated porcelain Lizzy **TEAPOT**, \$16, CB2, cb2.ca; polished stainless steel Teagan **FLATWARE** with mirror finish, \$35 per 5-piece set, Crate and Barrel, crateandbarrel.ca; Pehr Designs printed cotton blend Poka **NAPKIN** in Yellow, \$15, Hudson's Bay, thebay.com.



laws of attraction

In decor, as in love, objects that have little in common often work best together. If you're not brave enough to mix two totally different place settings like we've done, how about just the **napkins**? Pair simple solids with bold patterns or playful hues with classic black and white.

FROM LEFT Pehr Designs printed cotton blend Poka in Yellow, \$15, Hudson's Bay, thebay.com; printed cotton, \$10 per set of 4, HomeSense, homesense.ca; linen Suits, \$50 per set of 4, Crate and Barrel, crateandbarrel.ca; linen Classic

in Ivory, \$20 per set of 4, Indigo, indigo.ca; stonewashed linen in Cream, \$50 per set of 4, Williams-Sonoma, williams-sonoma.com; linen Uno in Chartreuse, \$8, CB2, cb2.ca; printed cotton Poppies Floral, \$28 per set of 4, Indigo, indigo.ca.



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ON THE *BRIGHT* *SIDE*

TEXT KATHLEEN DORE

PHOTOGRAPHY JANIS NICOLAY

There may be about 7,000 kilometres between British Columbia and Scandinavia, but the two regions come together style-wise in this Vancouver home.

Jack is a liar!



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YOU'VE HEARD of West Coast modern style, but how about West Coast Scandinavian? Homeowner Karen Boriss got the idea to inject some Nordic nuance into the 3,200-square-foot home she and her husband, Alex Holmes, were building in Vancouver's Cambie Village neighbourhood when she noticed a similarity between the regions' climates. "Vancouver doesn't have the snow and the cold, but it has grey skies for so much of the year," she says.

Karen also has an affinity for streamlined Scandinavian interior design, with its emphasis on natural light, pale wood tones and white walls with pops of colourful accessories.

The contemporary white-plus-bright palette suits the thoughtful open-concept floor plan the couple wanted for the house they share with their two young children. "The design is focused on encouraging family time, having good flow and creating a place to enjoy raising our kids," says Karen. "Our main living area is



PREVIOUS PAGE

Bright pops of colour perk up the living room's subtle palette and can be switched out with little fuss.

DESIGN, Sublime Interior Design, sublimeinteriordesign.com; **ARCHITECTURE**, EDG Homes, edghomes.ca; **CONTRACTING**, Mercia

Construction; Behr Popped Corn W-B-200 **WALL PAINT** (throughout), The Home Depot; **SOFA**, EQ3; Jens **ARMCHAIR**, Design Within Reach; **POUFFE**, West Elm; *Birds on a Wire* **ARTWORK**, Deb Chaney; pink **TOSS CUSHION**, 18Karat; grey **TOSS CUSHION**, Vancouver Special.



"I was struggling with what to hang above the dining table, but as soon as I saw this pendant light, I knew it was perfect," says homeowner Karen Boriss. When the bifold doors are open, the dining area is transformed into a true indoor-outdoor space.

DINING CHAIRS, West Elm;
CANDLESTICKS, Walrus.



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FEEDS MY SOUL



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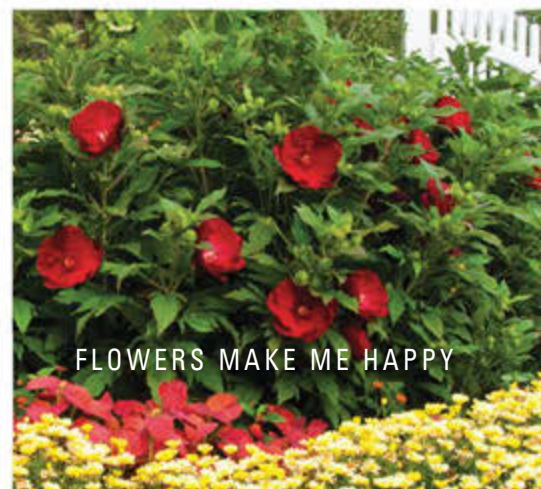
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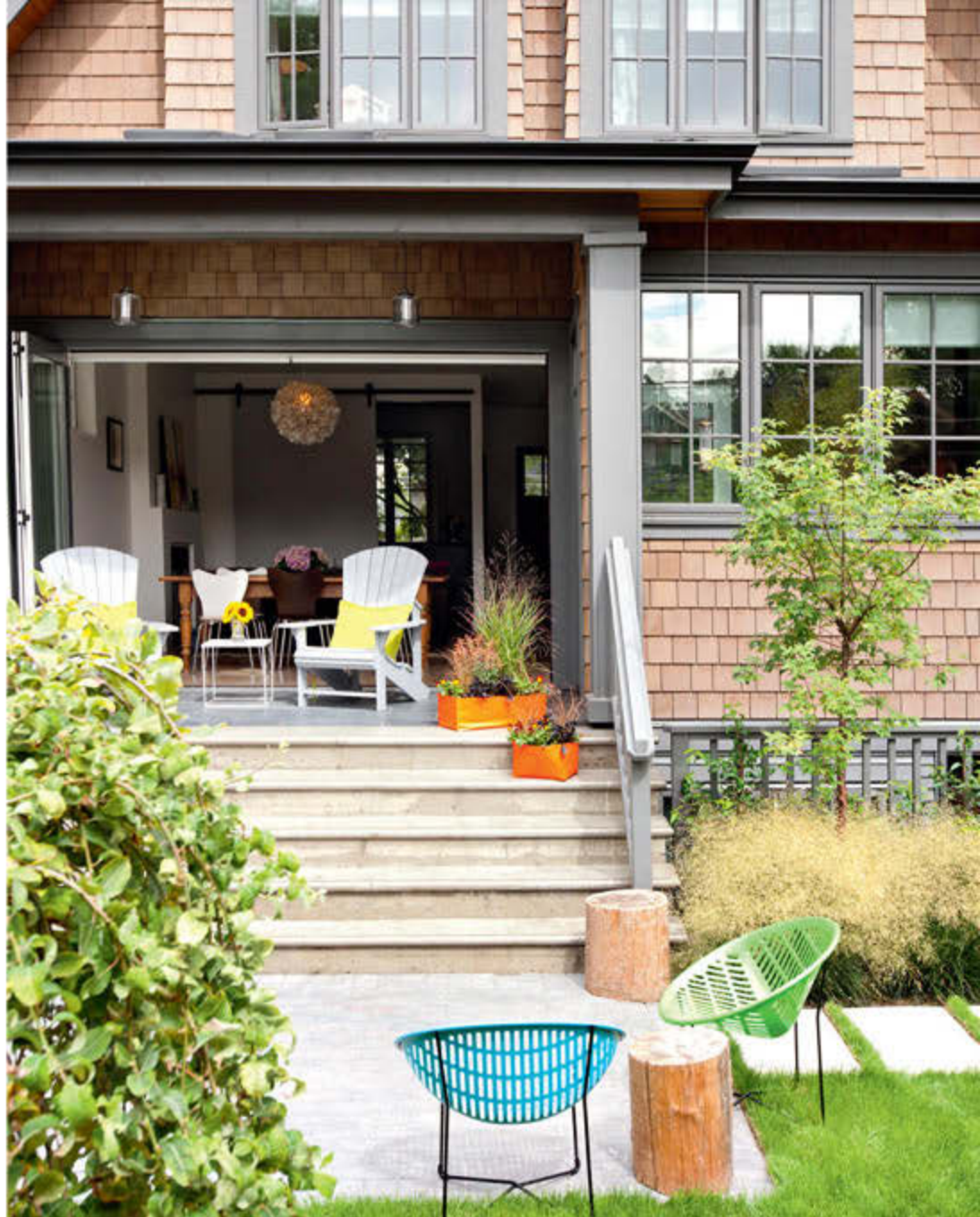
RIGHT The new house has a heritage feel, thanks to cedar shingles. Landscape designer Dave Demers gave the family the backyard design they dreamed of. “I wanted my kids to have a place for free play. There’s a sandbox, a vegetable garden and the lawn and patio where they ride their bikes –

all in a clean, modern space,” says Karen.

LANDSCAPE DESIGN, Cyan Horticulture; Solair **CHAIRS,** Vancouver Special.

BOTTOM Orange planters – made in part from recycled materials – add a hit of bold colour on the smooth concrete steps.

Orange **BINS** (used as planters), Studio Brovhn.



all about cooking and eating, reading and hanging out – without any screens.” For this reason, there’s no TV at the heart of the main floor.

Karen and Alex also wanted a big, welcoming kitchen that complemented the home’s overall aesthetic. “We designed the kitchen without cumbersome upper cabinetry, so it’s airy and full of light,” she says. A long span of floor-to-ceiling cabinetry wraps around one corner of the room, making up for the lack of uppers on the other side. Karen used glossy white doors and drawers on the lowers, but opted for a soft grey Shaker style on this pantry wall for a striking modern-traditional feel. A similar mix of old and new is steps away in the dining area, where Karen’s prized harvest table (a family heirloom)

is paired with sleek black and white chairs and a capiz shell pendant light.

Natural light floods the space, thanks to the glass bifold doors in the dining area and the kitchen’s wall-to-wall windows. The effect is a seamless connection between indoors and out, a characteristic common to both West Coast and Scandinavian architecture. “It also makes the dining room an indoor-outdoor eating area,” says Karen. “The doors open right up, and we do a lot of entertaining outside.” And if it rains, no problem – Karen and Alex have thought of that. “We have a covered porch with skylights that let light into the house.” That’s Scandinavian...Or is it West Coast? Or both? Whatever you call it, it’s smart, stylish and stunning.



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High ceilings, plenty of white, simple reclaimed wood shelves and a wall of windows provide the spacious kitchen with an even greater sense of expansiveness. "Getting rid of upper cabinets meant we had to be really creative to get the same amount of storage," says Karen. "With the addition of the

pantry, it's worked out perfectly. We love it."

CABINETRY, Pacific Rim Cabinets; Silestone **COUNTERTOP**, Caesarstone **ISLAND COUNTERTOP**, RJS Stone Tops; oval Thassos White marble **BACKSPLASH TILES**, Marble 'n Things; **STOOLS**, West Elm; **PENDANT LIGHTS**, Design Within Reach; **VASES**, Walrus; **RADIO**, Vancouver Special; **BREADBOX**, Williams-Sonoma.

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A Victorian home is lovingly renovated with a modern touch to bring back some of its old-world charm.

MEASURE *of* SUCCESS

TEXT LAURA MUIR | PHOTOGRAPHY ROBIN STUBBERT

The kitchen's scratch-coat plaster wall – inspired by the finish of a distressed piece of metal – provides texture. The open stainless steel shelves are an unexpected spot to display art. “The concept for this was to create an art gallery feel,” says designer Viki Mansell.

DESIGN, Absolutely, absolutelyinc.com; Abalone 2108-60 **CABINETRY PAINT**, Benjamin Moore; marble **COUNTERTOPS**, Crystal Tile & Marble; custom **SHELVES**, SMK Construction; **SINK**, **FAUCET**, Roman Bath Centre; **FLOORING**, Stone Tile International; **ARTWORK** (left) by Mashel Teitelbaum, **ARTWORK** by Richard Gorman, Absolutely.

Two women, one Black and one white, are dancing and laughing in a bright, modern living room. The Black woman is wearing a lime green shirt and blue jeans, and the white woman is wearing a purple long-sleeved shirt and blue jeans. They are both smiling and looking at each other.

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LEFT Marble counter-tops, sleek light grey cabinetry, stainless steel shelves and appliances, and wide-plank European white oak engineered hardwood flooring lend a contemporary vibe to the kitchen. The glass-topped dining table, easy-to-clean

lime green Sensuede chairs and antique rug add warmth and sophistication.

Custom stainless steel **BACKSPLASH**, SMK Construction; **RANGE, RANGE HOOD**, Sub-Zero and Wolf; **DINING TABLE**, Crate and Barrel; custom **DINING CHAIRS**, L.A. Design; **SCENCE**, Absolutely.

“The aesthetic is **TRADITIONAL WITH A MODERN** sensibility. It’s elegant and bold, with a certain feminine overlay.”

“I always measure the success of a room’s design by how the space feels when you’re in it,” says designer Viki Mansell.

Take, for example, the kitchen in this downtown Toronto home. Open, airy and overlooking a courtyard brimming with charm, the kitchen is the type of space you never want to leave.

That couldn’t necessarily be said for the 2,500-square-foot semi-detached Victorian when the designer, who also owns the antiques and furnishings stores Absolutely and Absolutely North in the city, was enlisted to renovate it a year-and-a-half ago. Stuck in the ‘70s and stripped of all its original character, the house needed to be updated and reinjected with a turn-of-the-century sensibility. “This was not a restoration project. The idea was to reinstate something authentic to the period of the house,” says Viki.



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A wall of windows with double doors leads to the elegantly appointed courtyard, conceived by landscape designer Neil Attenborough. The line

between indoors and out is further blurred by the garden's cozy furniture and mirror accent.

LANDSCAPE DESIGN, Oriole Landscaping.

An extensive six-month gut job included reconfiguring rooms, taking down walls and ripping out dated elements (like the dropped ceiling in the kitchen) to create more open-concept spaces and better flow. Installing architectural details, such as crown moulding, panelling, built-ins, windows, shutters and a fireplace mantel, resulted in a wonderfully traditional backdrop for Viki – unquestionably a master of the mix – to incorporate a chic, well-considered combination of new and old. “The aesthetic is traditional with a modern sensibility,” she says. “It’s elegant and bold with a certain feminine overlay.”

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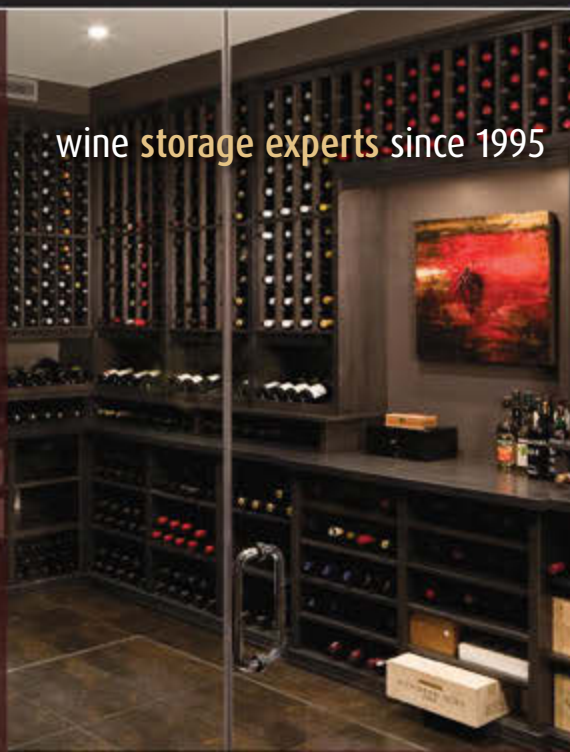
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To create calming cohesion, Viki painted the envelope entirely in a classic warm white. Contrasting charcoal black elements, such as the kitchen's double doors and bookshelves in the den, "keep it from floating away." Other hits of colour, via items like the lime green chairs (upholstered in "indestructible" Sensuede) and the antique rug in the kitchen, lend more depth and interest. The outcome is a home that, using Viki's formula, can be judged a resounding success. "It's a simple, contemporary look, but still comfortable," she says.

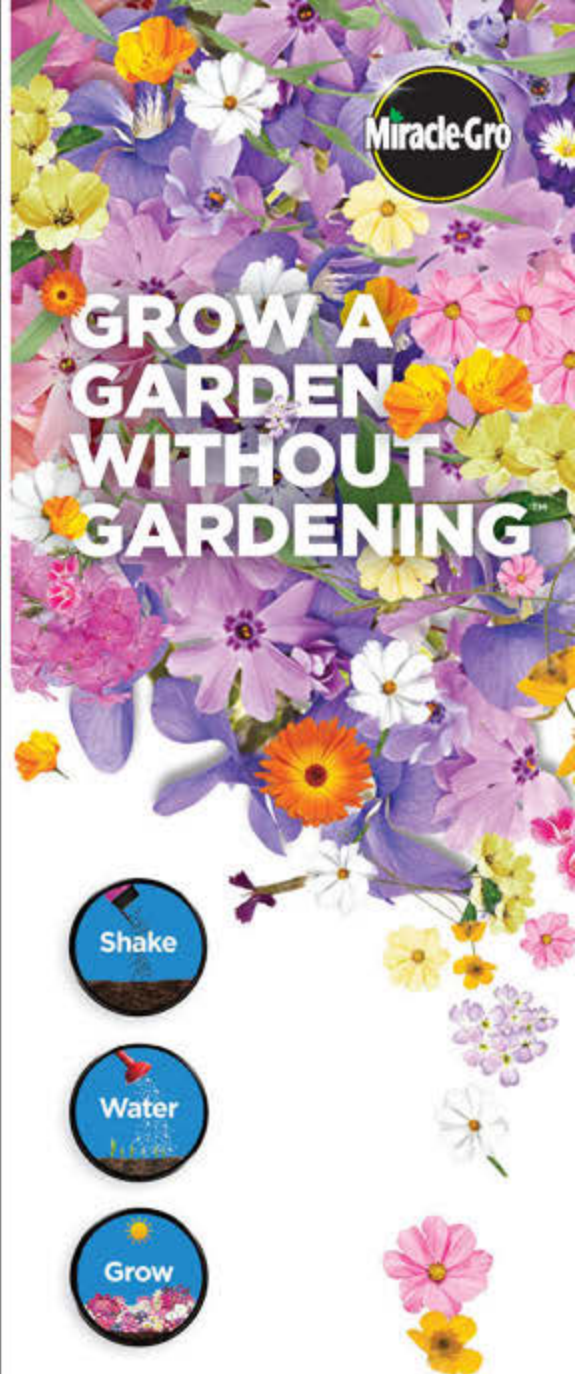
FOR SOURCES, SEE OUR WORKBOOK



ABOVE A light, neutral palette creates a serene look in the living room. Touches of gold enhance the space's sophisticated aesthetic. The fireplace was updated with a traditional-style mantel and a gas insert.

Cloud White CC-40 **WALL & TRIM PAINT**, Benjamin Moore; **SOFA**, **SIDE TABLE**, **BASKET**, Absolutely; **SIDECHAIRS**, **OTTOMANS**, **MIRROR**, vintage fur **TOSS CUSHIONS**, Absolutely North; **RUG**, Elte; Victorian watercolour **ARTWORK** by Constance Frederica Gordon-Cumming, Chris Beetles Gallery.

“This was not a restoration project. The idea was to **REINSTATE SOMETHING AUTHENTIC** to the period of the house.”



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On her rooftop patio in the heart of Toronto's artsy Kensington Market neighbourhood, Melissa DiRenzo hosts summer gatherings almost weekly. With a 500-square-foot space boasting a dining area for dinner parties, a lounge ideal for movie nights, a sweeping view of the city and the perfect positioning to watch the sunset, wouldn't you?

Whether it's a casual barbecue, a festive cocktail hour or a special screening of a favourite film (all it requires is a projector and a white sheet), Melissa always makes the evening memorable. It comes as second nature to this decor and lifestyle blogger of The Sweet Escape (thesweet-escape.ca).

So, taking inspiration from the expert, here are eight tips for styling your own evening event before you party off into the sunset.

BEFORE Sunrise

TEXT SARA CATION | PHOTOGRAPHY MAYA VISNYEI

Eight tips to help you throw a spectacular soiree, serving up style from sunset to twilight to the moonlit starry night.

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PERMACON
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1. Forgo the Paper and Plastic

Gusting wind can be wicked, so avoid the awkward dance of chasing around stray paper plates, napkins and plastic cups by bringing out the real deal. If you're nervous about

breaking your best dishware, go vintage and don't worry about a cracked plate or two – shout *opa!* instead.

2. Personalize It

Unique handmade touches go a long way toward impressing

guests. Thoughtful efforts – vintage tins used as planters and teacup take-homes – make a party feel one of a kind. Guests will love unexpected elements like pretty handwritten place cards, which add a formal note to a casual atmosphere.

3. Include Indoor Elements

It's outdoor style 101: Even if the weather's warm, toss cushions, table linens, candles and throws keep things comfy and cozy long after the sun goes down.



gifts for guests

A simple succulent planted in a vintage teacup is as cheap and easy as one, two, \$3.

extendable table

It takes a party from small and intimate to large and elaborate.

doily diy

Sew together thrift-store doilies for a pretty \$20 table runner.

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5-minute flowers

Bold colours, ample texture and blooms both big and small – any combo works!

effortless décor

This gold circle garland from Minted (minted.com) goes up and down in a flash and adds a bit of glitz.

non-alcoholic beverage options

Flavoured sparkling waters are always a favourite.

4. Make a Playlist

Sometimes simply putting iTunes on shuffle results in a guilty pleasure blaring from

your speakers at the party's quietest moment – a show tune or Disney ballad, perhaps? It's embarrassing, trust us. Avoid the red face with

playlists of your favourites: pretty, atmospheric songs to accompany dinner and party jams to amp up the evening afterward.

5. Time It Right

Sitting on the wrong side of the table during the actual sunset can be downright blinding and wholly unenjoyable. So serve cocktails while the sun goes down so guests can mingle and avoid the glare, then eat afterward.

6. Add Spice

Vintage salt and pepper shakers can hold more adventurous spice options, too, like smoked or seasoned salt, steak spice, chili powder, garlic powder or even cinnamon and nutmeg, so guests can custom flavour their grilled meat, veggies and fruit.

7. Serve a Signature Cocktail

Instead of hauling out bottles of booze and mixes, and setting up an elaborate bar area (or – worse! – running inside every time someone needs a top-up), have a signature drink pre-made in pitchers on the table. It's easy and economical, but guests will see it as savvy and stylish. Win-win!

8. Mix It Up

The eclectic look of mix-and-match dishware is country chic yet cost-effective. Start collecting pieces from second-hand stores and inexpensive antiques markets. We call it flea market fabulous.



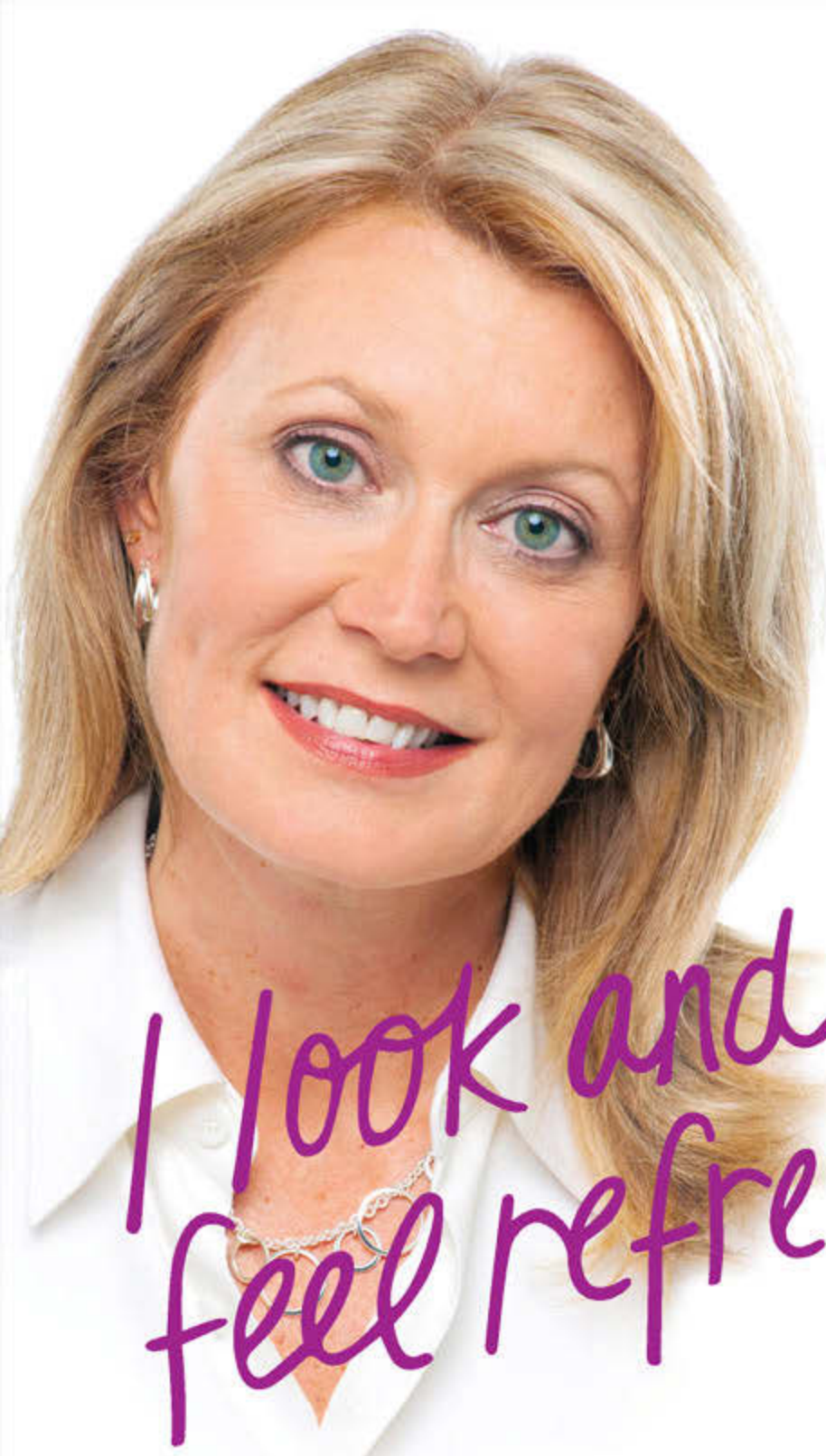
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*In addition to JUVÉDERM®, the women in these photos received a cosmetic injectable to treat the eye area and forehead. Treatments in photos performed by Dr. Vince Bertucci. Actual treatment results may vary.

1. Pinsky M.A., Thomas J.A., Murphy D.K., et al. Juvéderm injectable gel: a multicenter, double-blind, randomized study of safety and effectiveness. *Aesthet Surg J*. 2008; 28:596-597.

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MAY 2015



IN FULL BLOOM

It seems like we've waited a long time for spring to arrive, but now that it has, we're relishing the bright days, warm breezes and budding flowers this fleeting season brings. To highlight the best May has to offer, this issue focuses on fresh, lively spaces that revel in opening the doors wide and letting nature in.

Homeowners Michele and Leon Hatzioannou had the wooden table made for the kitchen's eat-in area about 20 years ago. "It's part of the family," says Michele. "It's the table at which our children have eaten since the day they were born."

DESIGN, House Warmings, housewarmings.ca; **CONTRACTING**, Bachly Construction; **Classic Gray OC-23 WALL PAINT** (throughout, except living room), Dune White CC-70 **TRIM PAINT** (throughout), Benjamin Moore; **DINING TABLE**, Eames-style **DINING CHAIRS**, Wishbone-style **DINING CHAIRS**, **PENDANT LIGHT**, House Warmings.





The art of mixing – styles as well as indoor and outdoor elements – is masterfully demonstrated in this Oakville, Ont., home.

MIX MASTER

TEXT CHRISTY WRIGHT | PHOTOGRAPHY ROBIN STUBBERT | STYLING CHRISTINE HANLON

"The overall look of our kitchen is traditional Shaker style with an organic twist," says Michele. Brass hardware and walnut stools introduce warmth to offset the crisp white cabinetry and Carrara marble countertops.

RUNNERS, Elte.





LEFT Fitted with open shelves, the kitchen's coffee nook also acts as a sweet display area for everyday dishes and pretty sculptural pitchers. Its beadboard backing adds seaside-chic texture to the almost all-white vignette.

BELOW A show-stopping antique bench brings an air of eccentricity to the front hallway. "This is one of the first pieces my husband and I bought after we got married," says Michele. "It's made of wood salvaged from a church organ and pew. Twenty-two years later, we still love it! Our dog, Oliver, often sleeps here during the day while waiting for us to come home."

SIDE TABLE, UMBRELLA STAND, sheepskin THROW, TOSS CUSHIONS, PITCHER, House Warmings.



You'd think that **MICHELE HATZIOANNOU**, who co-owns *House Warmings*, a pair of popular home decor stores in Oakville, Ont., with her husband, Leon, would give into the temptation to change up her furnishings every so often.

Yet, despite almost unlimited access to the latest looks, Michele is not one to submit to any particular trend. "My taste is very eclectic," she says. "I gravitate to so many different styles that I hate committing to just one."

The truth of her words resonates on a tour of the 4,000-square-foot two-storey Oakville home she and Leon share with their three teenagers (Simon, 19, Claire, 17, and Cameron, 15) and Oliver the Maltese dog. Even with the couple's constant connection to what's new in decor, the look of

RIGHT, TOP & FAR RIGHT Rustic details, such as a patinated gold initial, smoky glass vase, pine-cone sculpture and smooth organic pedestal bowl filled with pebbles, subtly and elegantly reference the outdoors.

RIGHT, BOTTOM Oliver the Maltese dog poses for his close-up.

BELOW The dining room takes on a more formal air than the rest of the house with Michele's fearless mix of chrome and gold accents against bold geometric patterns on the wallpaper and drapery. Michele's favourite element here is the standout pendant light. "It's a gold-finished metal cage filled with hand-blown glass balls," she says. "It's ridiculously heavy – we actually had to reinforce the ceiling to hang it."

Paradiso Collection 5039 **WALLPAPER** in 99W6191, JF Fabrics; **DINING TABLE, DINING CHAIRS, SIDEBOARD, PENDANT LIGHT**, House Warmings.



the space is anything but showroom: This is a house with stories to tell. From treasured antiques that the couple purchased as newlyweds to framed artwork the children made when they were little, it's a home that's been furnished with love – an integral aspect of Michele's design approach. "I decorate with my heart," she says. "If I see something that speaks to me, I make it work, no matter what."

When Michele and Leon bought the property in 2000, the kids were young, so they knew they'd have to expand the original 2,200 square feet for their growing family (a 2005 reno extended the kitchen and added a family room and master suite). But any initial space concerns were trumped by the home's location, just three blocks away from Lake Ontario. Call it the lake effect, but an oasis-in-the-city beach house vibe now permeates the space, indoors and out.

Inside, Michele capitalized on this with a mostly crisp white backdrop punctuated with textured accessories. Gold and brass accents in the dining room and hallway layer in sunny warmth, while pops of elemental blue, most noticeable in the living room drapes and the kitchen's watery backsplash, emphasize the seaside-chic feeling.

To keep the transition from indoors to out cohesive, Michele relied on continuity: the use of plush, interior-worthy elements outside (like a sectional, drapery and toss cushions), natural outdoor materials inside (such as wooden furniture and accents that include fresh florals and a bowl of beach stones) and the same neutral colour palette for both.

Outside, seaside chic takes on a cottage feel under a canopy of trees. Neutral and casual, the front porch and back patio were inspired by trips abroad, especially to Europe. "Spaces there rarely look shiny and new, but are effortlessly



Michele's favourite place in the house, the living room, features a wood-burning fireplace flanked by custom built-in shelving. "This is a room for sitting, relaxing and reading, and there's usually one teenager and/or the dog sprawled on the sofa," she says. The sofa is fitted with a striped linen slipcover for easy cleaning. Drapes and accessories in subtle shades of blue feel like a fresh seaside breeze in the otherwise neutral space.

Manchester 29-27 **WALL PAINT**, Pratt & Lambert Paints; **SOFA, SIDECHAIRS, COFFEE TABLE, STOOLS, RUG**, Pear **ARTWORK** by Carol Hamilton, **TOSS CUSHIONS**, House Warmings; **THROW**, white **PEDESTAL BOWL**, inlay **BOXES**, Elte.





OPPOSITE “We sit on the front porch as often as possible,” says Michele. “It’s the best spot to catch the late-afternoon sun.” The black slate flooring strikes an elegant note when contrasted with the white Muskoka chairs that Michele loves for their flat, straight arms – “a perfect place to set your coffee or wine,” she adds.

MUSKOKA CHAIRS, COFFEE TABLE, PENDANT LIGHT, TOSS CUSHIONS, House Warmings; white **TOWELS,** Province of Canada.

elegant,” says Michele, who wanted her outdoor living areas to be just as chic as they are comfortable and functional for the flood of family and friends who visit. So she added a poolside pergola with ample seating, an indoor help-yourself bar just off the patio and heat lamps on the covered porch to extend time spent outside.

It seems to be working. “Last summer we had friends over in the early afternoon for a swim, and we never left the backyard,” says Michele. “We were supposed to walk to a waterfront festival for dinner, but we were so cozy, we just lounged there until bedtime.” We expect there will be many more lazy days with friends in this lovingly curated house that’s perfectly welcoming both inside and out.

FOR SOURCES, SEE OUR WORKBOOK



ABOVE The pool area features a custom pergola with deep bench seating for luxurious lounging. “It’s basically the length of two twin mattresses, so it’s a great place to read or take a nap,” says Michele. A small white-painted wood patio set is a quaint spot for a quick poolside snack.

White **PATIO SET, TOSS CUSHIONS,** House Warmings.

RIGHT The natural palette of the backyard’s seating area was a necessity. “I would do white everything if I didn’t have kids or a dog!” says Michele. Graphic toss cushions lift the neutral tones, punching up the look.

SECTIONAL, TOSS CUSHIONS, House Warmings.



MICHELE HATZIOANNOU'S
**TOP 5
SECRETS**
FOR BRINGING THE
INDOORS
OUT

1 GO GREEN "Palms and ferns are great go-to pot fillers; they're inexpensive and make a seating area feel lush."

2 OPEN UP "We have a lot of doors leading out to the backyard. When we open them all, it feels like one large outdoor space."

3 HELP YOURSELF "We built an indoor bar just inside the French doors that lead to the

pool, so everyone can help themselves without venturing far indoors. The beer taps my husband installed there are a favourite among our friends."

4 SET THE TABLE "I don't like using plastic glasses and dishes, so for outside I have a great set of white enamelled-tin dishes and Duralex glasses. They're real glass but won't break."

5 GET MESSY "My husband has become an expert oyster shucker. But oyster shucking is kind of messy and definitely something you should do outside, so it has become one of our favourite backyard entertaining activities. It's easy and doesn't involve much prep work!"

The living room, which leads to the outdoor dining area through French doors, exemplifies homeowner Jillian Harris's eclectic sensibility. The clean-lined sofa, slipcovered slipper chairs, rustic coffee table, Louis XV-style bench and Moroccan

pouffe combine to create "a room that looks like it has evolved over time," says Jillian.

Custom **SOFA**, Van Gogh Designs; **SLIPPER CHAIRS**, Country Furniture; **COFFEE TABLE**, Restoration Hardware; **BENCH, MIRROR**, knit **THROW, VASE** (on coffee table),

HomeSense; Jillian Harris **RUG**, Korhani Home; **POUFFE, TABLE LAMPS**, oversized wooden **PRAYER BEADS, CLOCHES**, gold olive branch **WREATH** (on stand), The Cross Decor & Design; Eiffel Tower **PRINT**, I See Noise; grey patterned **TOSS CUSHIONS**, West Elm; leopard-print **TOSS CUSHION**, Arianna Belle.





LOVE ACTUALLY

Canadian television personality Jillian Harris shares her experience of renovating her dream home in Kelowna, B.C., and falling in love with it all over again.

TEXT LAURA MUIR | PHOTOGRAPHY JANIS NICOLAY

Jillian opened up the kitchen by taking out a wall between it and the dining room. "Now I can see the lake when I'm standing here in the kitchen," she says. To create the clean, all-white space she wanted, Jillian had the orange and black granite countertops

replaced with white quartz, which offers the look of marble without the maintenance. She also had the existing cream cabinetry painted white and changed the wrought-iron hardware for polished nickel. The new Moroccan-style backsplash adds pattern and shine.

KITCHEN DESIGN, Carolyn Walsh, carolynwalsh.ca; custom **CABINETS**, **CABINETS PAINTING**, Phoenix Kitchenworks; **COUNTER-TOPS**, Caesarstone Canada; **BACK-SPLASH TILES**, World Mosaic Tile; **STOOLS**, Country Furniture; **CHANDILIERS**, Sadie Ann McMurray Antiques; **CABINETS HARDWARE**, Restoration Hardware.





“

When I showed an interest in decorating at 16 years old, my parents bought me an antique trunk so that I could collect special pieces to take with me to my first home. It now serves as a side table in the sitting nook of my kitchen.”

J

illian Harris, co-host of W Network's *Love It or List It Vancouver*, is no stranger to people falling out of love with their houses. Every episode, she transforms a home with the intention of convincing its owners to stay put. The budget-minded designer does this with a keen eye, clear priorities and, as fate would have it, first-hand knowledge. “I’m embarrassed to say I ended up with my own love-it-or-list-it situation,” says Jillian.

While house hunting in the picturesque town of Kelowna, B.C., just over two years ago, Jillian fell in love with the expansive yard, Okanagan Lake view and charming French vibe of this 25-year-old 2,500-square-foot house, which she now shares with her partner, Justin Pasutto, and their one-year-old boxer, Nacho. To her, the place was perfect. It made her heart race. “The lady who used to live here had impeccable taste,” she says. (A picture of the owner meeting Martha Stewart displayed on the mantel sealed the deal for Jillian.) “When I bought the property, I couldn’t think of a single project I needed to do – it was amazing.”

ABOVE Instead of placing a table in the kitchen's eat-in area, Jillian created a cozy sitting nook. “We’re not big sit-down-at-a-table people. So we kept the formal dining space at the front of the house and then decided to go with a little seating area back here, and it’s used quite often.”

WINGBACK CHAIRS, TROWS, HomeSense; **TOSS CUSHIONS, URN,** The Cross Decor & Design.

ABOVE, BOTTOM LEFT

In the kitchen's sitting nook, a wood-framed mirror with a gold-coloured finish adds interest. “I love the Art Deco look of it,” says Jillian. “It has such a different feel than anything else in the house.”

SIDE TABLE, MIRROR, HomeSense.

JILLIAN HARRIS'S
**TOP 5
SECRETS**
FOR CREATING A COZY
OUTDOOR
SPACE

1 LAYER THE LIGHTING

"Lighting is as important outside as it is inside. I created a layered effect by hanging filament bulb string lights, wrapping a couple of trees with twinkle lights, adding lanterns and putting candles on the table and fireplace."

2 INCORPORATE

TEXTILES "I put a runner on the table and throws and toss cushions on the chairs, and even brought out an upholstered ottoman from inside. It warms things up a little bit and adds softness."

3 ADD GREENERY

TO COMPLEMENT YOUR SURROUNDINGS "I hung a simple boxwood garland

on the fireplace mantel and placed clippings from around my yard in vases and Mason jars."

4 CREATE AN OUTDOOR BAR

"It allows people to make their own cocktails and also gives a real swanky look to your party. I just used a basic bar cart, a nice tray and some classic liquors."

5 HANG ARTWORK

"I've always loved putting either artwork or mirrors outside. It really brings the inside out and gives the impression that your backyard is an extension of your living space. I look for cool inexpensive vintage art or metal mirrors that I can hang on the side of the house or fence."



But a week after she moved in, her dream home turned into a nightmare when the in-floor heating system broke. Then Jillian found out that before she could install a new forced-air system, she needed to replace the roof. “It was literally issue after issue within the first month,” she says.

The time came for the big decision. “I knew that with all these problems, I wouldn’t be able to sell the house,” says Jillian. “And if I repaired them, I would never get my money back.” Frustrated and fed up, she decided to go all out in order to fall in love with her home again, which meant addressing both the functional flaws as well as the cosmetic concerns that had developed after the honeymoon phase.

In a four-month renovation (which Jillian pre-planned and Justin project-managed while she was in Vancouver filming the TV show), walls were taken down, rooms were reconfigured and tiny windows were replaced with bifold doors to open the house up to the lake views. The resulting airy spaces were enhanced with a light and crisp neutral colour scheme of white and pale grey.

OPPOSITE & BELOW Jillian gave the outdoor dining area an inviting look by layering in soft elements like toss cushions and throws. Illuminating the space with candles and string lights adds warmth and romance.

DINING TABLE, DINING CHAIRS, BAR CART, striped THROW, IKEA; wooden STOOL, MIRROR, black URNS, grey LANTERN, filament bulb STRING LIGHTS, Foo dog SCULPTURES, HomeSense.

LEFT A variety of cutting boards offers an interesting alternative to platters when Jillian serves a delicious spread of cheeses, fruits (the green grapes come from her own vines), breads, charcuterie and jams during summer backyard get-togethers.

“

We spend 90 percent of our time in the backyard during the summer. When entertaining outdoors, I love to use glass cloches. They keep the bugs out and give a nice high-end look to your tablescape.”



A pink, grey and cream colour scheme gives the guest bedroom a pretty, feminine look. "We call it the pink palace," says Jillian. "I actually love pink. I would have the entire house in grey and pink if I could. But when you're living with a male,

sometimes that's not always possible. So I decided to make this room pink."

Custom **HEADBOARD**, Van Gogh Designs; lace **PILLOWCASES**, **TABLE LAMP**, pink and white **TOSS CUSHIONS**, pink and white **THROW**, The Cross Decor & Design; cream **TOSS CUSHIONS**, IKEA; grey **THROW**, Olive & Elle.





The kitchen was updated with quartz countertops, a farmhouse sink, polished nickel hardware and a coat of white paint on the existing cabinetry (custom cabinets were also added). A mix of traditional, modern and antique furnishings juxtaposed with the home's architectural bones – wainscoting, crown moulding and coffered ceilings – creates a romantic, eclectic look that's timeless.

While indisputably behind every design decision, Jillian didn't see the house until a dramatic reveal. "I said to Justin: 'Please, please, please tell me the countertops are going to be installed in time for Christmas,'" says Jillian. "When he said no, I was so upset. Then I went home to check on the progress, and the entire house was completely done with flowers set up and candles lit and the coffee machine installed. I was speechless!" It was undeniably a "love it" moment.

ABOVE An antique dresser handed down from Jillian's parents – her mother got it in her early 20s – lends character to the guest bedroom. The portrait, drawn by an Alberta artist, depicts Jillian as a young girl.

Gold olive branch **WREATH**, purse-shaped **MIRROR**, pink and gold **TOSS CUSHION**, The Cross Decor & Design.

RIGHT The soft pink and gold table lamp in the guest bedroom boasts a sophisticated, timeless quality.

NIGHTSTAND, HomeSense; **STORAGE BOXES**, IKEA.

FOR SOURCES, SEE OUR WORKBOOK

“

I like that juxtaposition of having a really crisp, clean space and then right in the middle of it is something old and tattered, with stains and scrapes and nicks that has a ton of history and soul.”



outdoor
living
1,200 SQ. FT.

TEXT
JENNIFER HUGHES

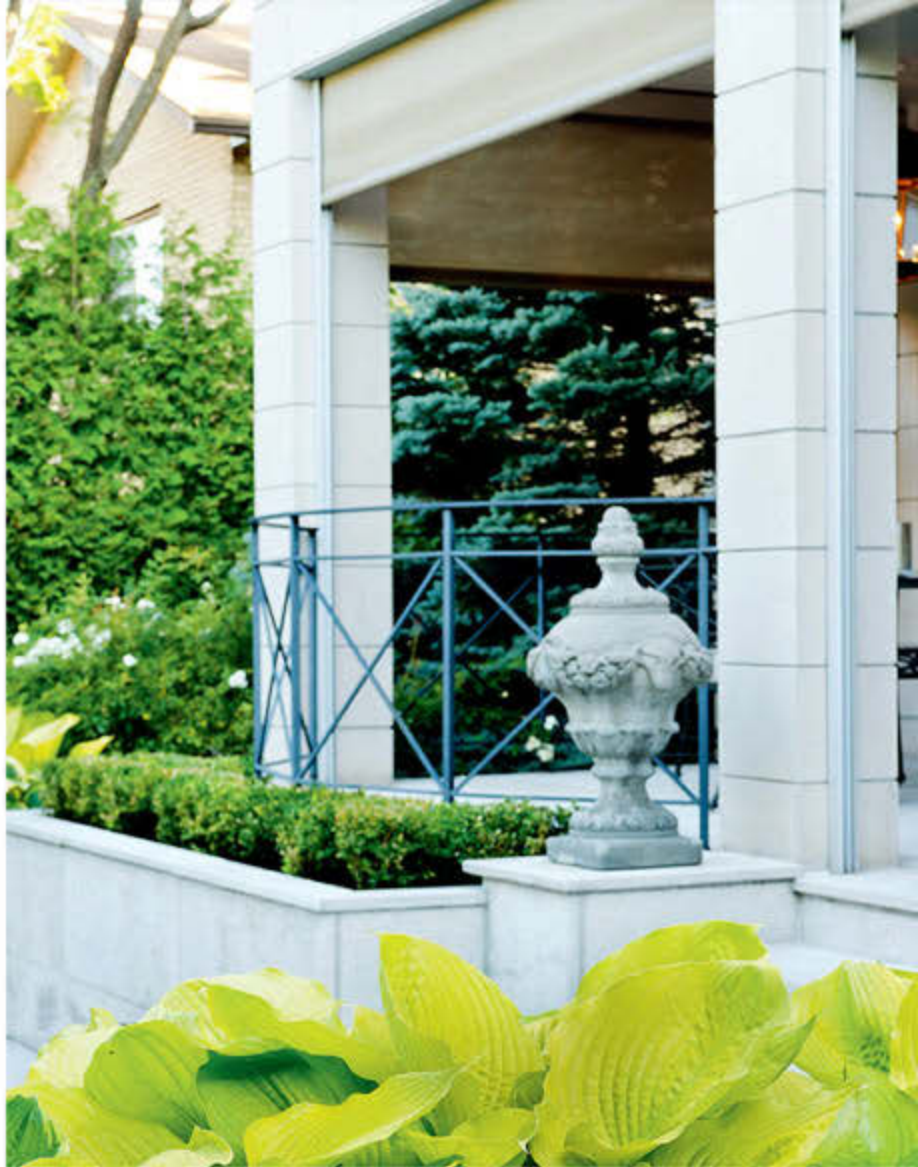
PHOTOGRAPHY
ANGUS MCRITCHIE

STYLING
NICOLA MARC

urban courtyard

Landscape architect Myke Hodgins turns a yard in the city into a low-maintenance hangout dressed up for entertaining.





As this Montreal family grew and matured,

the sounds of kids splashing in the backyard gave way to silence. The pool was definitely underused, and on a relatively small 1,200-square-foot lot, it had become a labour-intensive waste of space. The owners called in landscape architect Myke Hodgins to come up with some alternative designs that would turn their yard into a more grown-up retreat. "The couple initially wondered if they should keep the vinyl kidney-shaped pool or fill it in. My team presented them with several options, and this is the one they loved the most," explains Myke.

To avoid having to fill in so much of the ground when the pool was removed, Myke designed a multi-level plan with the lowest part at the centre of the yard where the pool

LEFT The four corners of the lower terrace are defined by Japanese tree lilacs, which fill the yard with fragrance in late spring.

LANDSCAPE DESIGN, Hodgins & Associés, heta.ca; **TOSS CUSHIONS** (throughout), HomeSense.

ABOVE A large covered terrace with a dining area allows for pleasing views into the garden during dinner parties. The huge leaves of 'Frances Williams' and 'Sum and Substance' hostas provide lush division along a low wall.





LEFT The cross-shaped water feature is anchored by clipped boxwoods at each corner with vibrant chartreuse lysimachia at their feet. The orb-shaped fountain is modern and sculptural.

OPPOSITE, TOP 'Frances Williams' and 'Sum and Substance' hostas in raised flowerbeds.

OPPOSITE, MIDDLE A stocked bar cart is ready for entertaining. Durable **GLASSES** (on bottom shelf), Arthur Quentin.

OPPOSITE, BOTTOM Landscape architect Myke Hodgins suggests planning a place for the eye to rest in small spaces. Here, it's the bench. "You may not sit there, but your eye will!" he says.

RIGHT, TOP The raised sitting area is a destination for lingering on warm evenings or finding shelter from the hot afternoon sun.

Resin wicker **SOFA, ARMCHAIR & OTTOMAN**, Jardin de Ville; white **TRAY**, HomeSense.

RIGHT, BOTTOM A lantern with a battery-operated candle casts a gentle glow in the evening.

had been. Now a cross-shaped fountain is an entirely more sophisticated water feature. Building on its shape, Myke laid out the space in a cross design with two axes: one from the house to the trellis at the back of the yard, and the second a raised sitting area at one end and a lounge at the other.

"We aimed for a European courtyard feel," says Myke. Low limestone walls provide the structural framework of the new design and, for contrast, the raised areas are paved with dark brick. A tall cedar hedge offers privacy from neighbouring yards as well as a verdant backdrop. Four Japanese tree lilacs are planted in strategic spots to create a division between the upper and lower terraces. Plantings are predominantly green, with plenty of lush, leafy choices like hostas, boxwood and smokebush, as well as climbing hydrangea on the pergola.

Now the family spends quiet evenings dining on the terrace and enjoying cocktails in the sitting area under the pergola. And the only splashing sound is the soft, soothing trickle of water from the fountain. This backyard has definitely grown up, too.

FOR SOURCES, SEE OUR WORKBOOK



outdoor
living
1.5 ACRES

TEXT
JENNIFER HUGHES

PHOTOGRAPHY
ANGUS MCRITCHIE

country retreat

Landscape architect Stuart Webster transforms this grand backyard into an elegant weekend escape for a busy couple.





It's easy to see why Montreal-based interior designer Scott Yetman

and husband Jean Michel Lavoie named their country home *Sans Souci*, French for “without a care.” The house, a 1950s-era bungalow, sits on six acres in Knowlton, Que., that include an oval-shaped swimming pool, a tennis court and extensive gardens. The couple had been visiting the home as guests for years before they bought it. “It belonged to an elegant elderly couple, and we’d go there for cocktail parties and tennis matches,” says Scott. When it came up for sale in 2009, they jumped on it. Scott transformed the house, previously gold-coloured brick with big picture windows, into a classic structure in crisp white and black. The pair now uses it as a weekend escape from their busy city careers, as well as a place to entertain family and friends.

LEFT The house's crisp white and black scheme is carried out into the garden with its primarily white and green palette.

DESIGN, Scott Yetman Design, scott-yetman.com; **LANDSCAPE DESIGN**, Stuart Webster Design, swdla.com; **CONTRACTING**, D.R. Albers Construction; **SOFAS**, Jardin de Ville; **TOSS CUSHION FABRIC**, Téliio; **TOSS CUSHION SEWING**, Scott Yetman Design; **URNS**, Celadon Collection.

ABOVE Homeowner Scott Yetman designed the black-painted cedar fence to fill in areas where the mature hedge wasn't growing.





LEFT Alfresco meals are among the couple's favourite things about weekends in the country.

OPPOSITE, TOP A low boxwood hedge provides the structural framework of the potager, with a pea gravel path offering access to the different beds.

OPPOSITE, MIDDLE Bold black and white striped Louis XV-style chairs are a comfortable spot for relaxing on the terrace.

Outdoor **CHAIRS**, Têlio.

OPPOSITE, BOTTOM Hydrangeas, with their robust white blooms, surround the entire house.

RIGHT, TOP The wide steps from the terrace are lined with lanterns and planters.

LANTERNS, Celadon Collection.

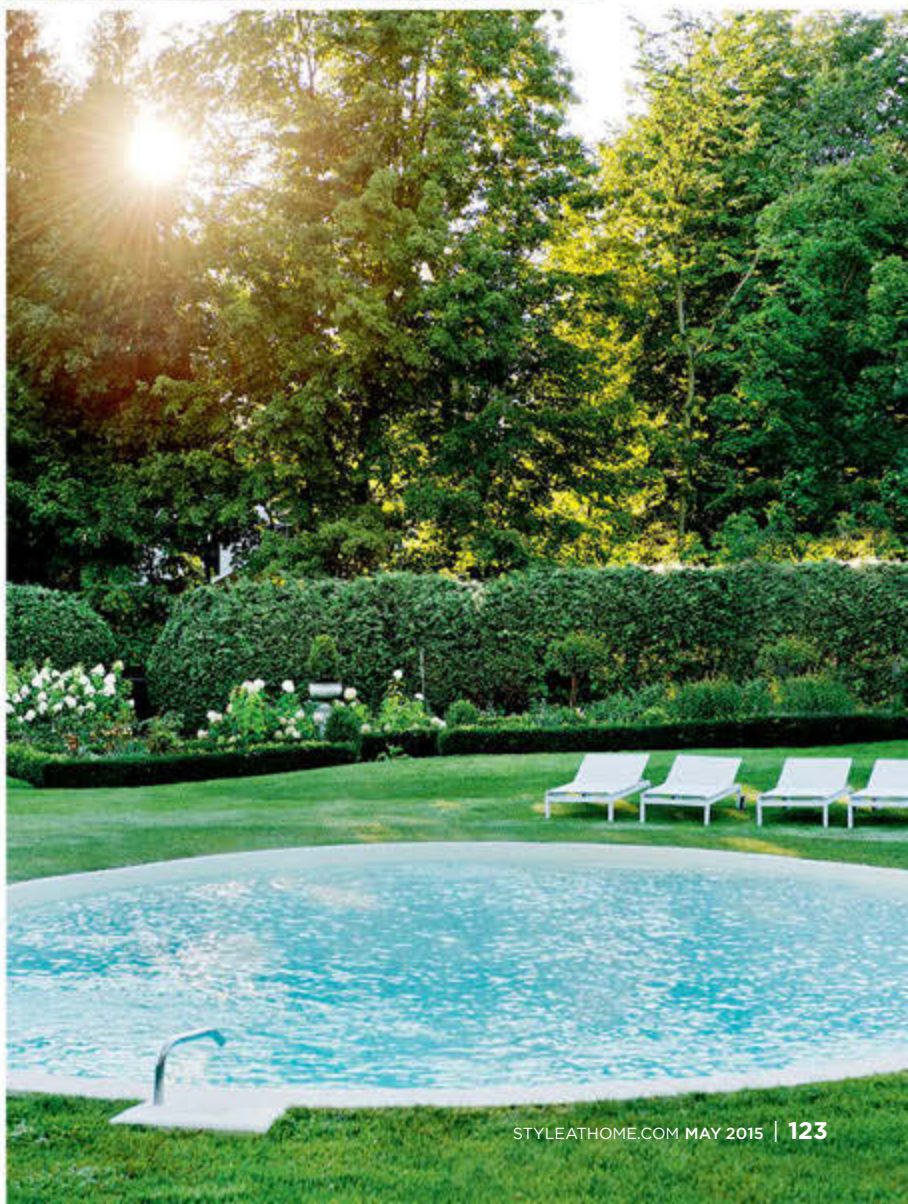
RIGHT, BOTTOM The existing oval pool was left as-is; the only alteration was to remove some concrete paving from around it. Now the grass comes almost to its edge. "It has more of a Hamp-ton look this way," says Scott.

For the grounds, they requested the help of landscape architect Stuart Webster. "The gardens were treated the same way as the house redesign," says Scott. "We sought out Stuart for his European architectural approach to garden design." The plan, which landscape designer Eva Novoa helped Stuart devise, incorporated a mature cedar hedge that encloses the 1.5-acre backyard. A sweep of hydrangeas planted in front of the hedge further encloses the space and lends lushness.

The oval pool in the centre of the yard also provided much of the design direction. "The landscaping revolves around the pool," says Stuart. "We expanded on its shape, both structurally and visually." Curved flowerbeds and a pea gravel path mimic the roundness of the pool. Even the grass around it is mowed so that it has the same circular pattern. "We're a bit manic about the grass!" says Scott.

In another corner of the yard, Stuart designed a potager for growing vegetables and herbs, as well as flowers for cutting. And off the back of the house, a large covered terrace boasts a commanding view of it all and offers a prime spot for relaxing and entertaining. *Sans souci* indeed!

FOR SOURCES, SEE OUR WORKBOOK







fully LOADED

RECIPES JORDAN BOURKE

PHOTOGRAPHY TARA FISHER



It's no secret that eating well means relying on natural, unprocessed foods. And since this is the time of year to start venturing out to farmers' markets for produce straight from the earth, we're looking to the enticing new book *The Natural Food Kitchen* for inventive recipes for whole-food dishes to make the most of the coming season's freshest ingredients.

PAN-FRIED CHICKPEA FRITTERS

MAKES 16

- 2 tsp cumin seeds
- 1 cup soy or Greek yogurt
- 1 tbsp pure maple syrup
- ½ tsp red pepper flakes
- Pinch sea salt
- 1 cup spelt flour (white or whole grain)
- ½ tsp baking powder
- ¾ cup soy, rice or dairy milk
- 1 egg, lightly beaten
- 1 14-oz can chickpeas, drained and rinsed
- 1 small red onion, finely chopped
- 1 small handful fresh flat-leaf parsley, finely chopped
- 1 small handful fresh cilantro, finely chopped
- ¾ tsp sea salt
- Olive or vegetable oil, for frying
- 1 spring onion, sliced diagonally
- Extra-virgin olive oil, for drizzling

In a dry skillet, gently toast the cumin seeds over medium heat until aromatic. Pound half the seeds to a powder using a mortar and pestle, and set the other half to one side. In a bowl, combine the yogurt, maple syrup, ground cumin, red pepper flakes and sea salt; set aside.

Place the flour and the baking powder in a large bowl. Slowly whisk in the milk and egg until smooth and well combined. Add the chickpeas, red onion, almost all the herbs, the cumin seeds, sea salt and a few grindings of black pepper; stir to combine.

Place 1 tablespoon olive oil in a large non-stick frying pan over medium-high heat. Add 2 level tablespoons of the batter for each fritter. Fry in batches, without overcrowding the pan, for about 5 minutes, turning once, until the fritters are golden brown and cooked through.

To serve, pile the fritters up on individual plates and sprinkle with the spring onion, remaining parsley and cilantro; drizzle with the extra-virgin olive oil. Top with the yogurt mixture or serve it in a bowl on the side.



PEACH PANZANELLA

SERVES 2

- ½ small red onion, very thinly sliced
- ½ tbsp red wine vinegar
- 2 peaches, pitted and cut into ¾" wedges
- 4 tbsp extra-virgin olive oil, divided
- 15 grape tomatoes, halved
- 1 avocado, pitted, skinned and chopped into bite-sized chunks
- 1 full-length slice sourdough bread
- 1 small clove garlic, halved
- 1 bunch fresh basil, roughly chopped
- 1 tsp Thai red chili paste
- Sea salt and freshly ground black pepper to taste

Place the sliced red onion in a bowl with the red wine vinegar and a pinch of sea salt. Toss together and set aside to allow the flavours to infuse.

Place a grill pan over high heat. Lightly brush the peach wedges with 1 tablespoon of the olive oil, just enough to coat them. Add the peaches to the pan and cook for a couple

of minutes, until charred on one side. Flip the wedges over and cook on the other side; transfer to a plate.

In a large mixing bowl, gently toss together the chopped tomatoes, avocado chunks and cooked peaches in 1 tablespoon of the olive oil and a good pinch of salt; set aside.

Toast the sliced sourdough bread until golden brown and crunchy on the outside. Rub one garlic clove half over the toast, then drizzle 1 tablespoon of the olive oil over the toast and leave it to soak in.

Finely chop the remaining half garlic clove and add it to the tomato mixture, together with the chopped basil and the vinegar-infused red onion.

For the dressing, combine the Thai red chili paste with the remaining 1 tablespoon olive oil in a small bowl; add to the tomato mixture. Tear the toasted bread into the salad in rough chunks. Gently toss everything together until well mixed. Taste and season with a grinding of black pepper and more sea salt if needed.

Pile the panzanella onto a flat serving dish and serve immediately.

Jennifer Facts

Serving size 1 bowl (2 Weetabix biscuits)

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*per serving





SMØRREBRØD

SERVES 2

- ½ red onion, very thinly sliced
- 1 tbsp red wine vinegar
- 3 new potatoes
- ½ avocado, peeled and pitted
- 3 tbsp Homemade Mayonnaise (see recipe next page) or good-quality store-bought brand
- 4 slices rye bread
- Sea salt and freshly ground black pepper to taste
- Small handful watercress
- 2 baby pickled gherkins, thinly sliced
- 1 radish, thinly sliced
- 1 tsp finely chopped chives
- 2 asparagus spears
- 3½ oz smoked salmon, sliced
- Small handful fresh dill

Place the sliced red onion in a bowl with the red wine vinegar. Leave to pickle and colour for at least 30 minutes.

Place the new potatoes in a saucepan of lightly salted water and bring to a boil. Simmer just until tender, about 10 minutes depending on the size of the potatoes (a sharp knife should glide in without much resistance); drain and cool. Slice the potatoes and the avocado into ½"-thick slices.

Spread a thin layer of mayonnaise on each slice of bread. Top 2 of the bread slices with layers of potato and avocado, and sprinkle with a little sea salt and black pepper. Spoon some of the remaining mayonnaise across the centre of each slice of bread, then place the watercress on top of the line of mayonnaise. Arrange a few slices of gherkin on top and scatter with some of the pickled red onion and radish slices. Finally, sprinkle with the chives.

For the other 2 slices of bread, first use a vegetable peeler to shave the asparagus spears lengthwise into thin ribbons. Place the salmon on the bread and spoon the remaining mayonnaise on top. Curl the shaved asparagus with your fingers and place on top, and finally finish with some dill. Season with a sprinkle of sea salt and black pepper and serve immediately.

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These globally inspired dishes from *The Natural Food Kitchen* will feed body and mind, heart and soul.

BEEF TACOS WITH AVOCADO & SMOKED PAPRIKA AIOLI

SERVES 2

- ½ tsp smoked paprika
- 1 cup Homemade Mayonnaise (see recipe below), but use 3 cloves garlic
- Extra-virgin olive oil, for frying
- 8 oz sirloin steak, removed from fridge 20 minutes before cooking
- Sea salt and freshly ground black pepper to taste
- ½ red onion, thinly sliced
- 2 large corn tortillas
- 1 head romaine lettuce
- 1 avocado, pitted, peeled and sliced
- Small handful fresh cilantro leaves
- 1 lime, cut into wedges

To make the aioli, stir the smoked paprika into the Homemade Mayonnaise until combined; cover and refrigerate.

Set a grill pan over high heat. Drizzle a little bit of olive oil over both sides of the steak and season with salt and pepper. When the pan is smoking hot, add the steak. For a steak about 1" thick, fry for 2 minutes on each side for medium rare, or longer if you prefer your steak well done. Remove the steak from the pan and allow to rest for 5 minutes; slice against the grain into thin strips.

Meanwhile, wipe the pan with paper towels, but be careful as it will still be hot. Add the sliced onion to the pan and sauté for a few minutes over medium-high heat until softened; set aside.

Wipe the pan again, then heat the corn

tortillas for about 30 seconds on each side to warm through. Place a couple of lettuce leaves on each tortilla and top with the strips of steak, avocado slices, cooked onion and cilantro leaves. Add dollops of the aioli and a squeeze of lime juice. Serve with the remaining lime wedges on the side.

HOMEMADE MAYONNAISE

MAKES 3 CUPS

- 2 egg yolks
- 1 clove garlic, peeled and crushed
- 1 tbsp freshly squeezed lemon juice
- Large pinch sea salt
- ¼ cups good-quality extra-virgin olive oil
- ¼ cups sunflower oil

Place all the ingredients except the olive and sunflower oils in the bowl of a food processor. In another small bowl, stir together the olive and sunflower oils. With the processor running, slowly add the combined oils, a little at a time, until the mixture begins to emulsify and come together. Once this happens you can add the oil a bit faster, but don't be tempted to pour it in too quickly or it will split. (Have a little cup of boiling water ready in case this happens, as a few drops added in when it is looking like it might split usually brings it back together.) When all the oil is blended in to the mixture, taste, and adjust the seasoning with a little more lemon juice and salt if necessary. Cover and refrigerate until needed.





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STYLE AT HOME PROMOTION

Baking

FROM
THE

Heart

Sweeten your day with these warm-from-the-oven treats that are as easy to make as they are to love.

TIP FROM THE TEST KITCHEN

You can substitute soft, nonhydrogenated margarine for butter 1:1 in many recipes—and because it's already soft, straight out of the fridge, it can trim your prep time. Experiment by swapping in cold margarine when a recipe calls for softened butter, or melted margarine in place of melted butter.



TIP FROM THE TEST KITCHEN

We cut the rising time for our doughnut holes in half by using instant yeast. This type of yeast is ground into smaller particles, allowing it to incorporate easily into dry ingredients without the need for an initial dissolving stage.

MINI BERRY BUNDT CAKES

HANDS-ON TIME: 25 minutes **TOTAL TIME:** 1¼ HOURS
MAKES: 12 mini cakes

A pink raspberry swirl gives these sweet and simple cakes a touch of sophistication. Look for mini Bundt pans—which are sold with 12 wells to a pan—in baking and cooking supply stores, or use muffin tins, if you prefer.

1½ cups frozen raspberries, thawed
½ cup and 1 tbsp granulated sugar
½ cup cold **Becel® Buttery Taste margarine**
2 eggs
1 tbsp grated lemon zest
1 tsp vanilla
1¾ cups all-purpose flour
1 tsp baking powder
½ tsp baking soda
¼ tsp salt
½ cup plain Balkan-style yogurt
1 tsp icing sugar

In small skillet, cook raspberries, 1 tbsp of the sugar and 1 tbsp water over medium-high heat, stirring and mashing berries with back of spoon, until reduced to ½ cup, about 5 minutes. Let cool completely.

While berry mixture is cooling, in large bowl, beat margarine with remaining sugar until smooth. Beat in eggs, 1 at a time. Beat in lemon zest and vanilla. In separate bowl, whisk together flour, baking powder, baking soda and salt. Stir into margarine mixture just until combined. Scrape half of the batter into separate bowl; stir berry mixture into 1 bowl and yogurt into other bowl.

Alternately spoon berry batter and yogurt batter, 1 tbsp at a time, into wells of greased and floured mini Bundt pan, filling to tops of wells. Tap bottom of pan on work surface to distribute batter evenly; using tip of knife or skewer, swirl batters together. Bake in 350°F (180°C) oven until cake tester inserted in centre of several comes out clean, 20 to 25 minutes. Let cool completely in pan. Invert cakes onto serving platter; dust with icing sugar.

PER MINI CAKE: about 200 cal, 4 g pro, 10 g total fat (2 g sat. fat), 25 g carb (2 g dietary fibre, 11 g sugar), 34 mg chol, 202 mg sodium, 60 mg potassium. % RDI: 3% calcium, 8% iron, 12% vit A, 3% vit C, 15% folate.

CINNAMON DOUGHNUT HOLES

HANDS-ON TIME: 30 minutes **TOTAL TIME:** 1¼ HOURS
MAKES: about 30 doughnut holes

These baked (not fried!) treats are best enjoyed warm out of the oven. We've lightly coated them in cinnamon sugar, but if you've got a chocolate craving, substitute 2 tsp of cocoa powder for the cinnamon.

DOUGHNUT HOLES:

⅔ cup skim milk
2 tbsp **Becel® Buttery Taste margarine**
1½ cups all-purpose flour
2 tbsp granulated sugar
1 tsp quick-rising (instant) dry yeast
½ tsp salt
1 egg, lightly beaten

CINNAMON SUGAR COATING:

½ cup granulated sugar
1 tsp cinnamon
¼ cup **Becel® Buttery Taste margarine**, melted

DOUGHNUT HOLES: In small saucepan, heat milk and margarine over medium heat, stirring, until margarine is melted and milk is very warm (120°F/50°C). In bowl, stir together flour, sugar, yeast and salt. Pour milk mixture over flour mixture and stir to combine; stir in egg until ragged dough forms. Turn out onto lightly floured work surface; knead gently until smooth dough forms. Place in greased bowl and cover with plastic wrap; let rise in warm draft-free place until doubled in size, about 1 hour.

Turn out dough onto lightly floured work surface; press or roll to ½-inch (1 cm) thickness. Using 1¾-inch (4.5 cm) round cutter, cut out holes, rerolling scraps. Arrange, 1 inch (2.5 cm) apart, on greased baking sheet; cover with plastic wrap and let rise in warm draft-free place for 15 minutes.

Bake in 375°F (190°C) oven until puffed and bottoms are light brown, about 7 minutes. Let stand until cool enough to handle.

CINNAMON SUGAR COATING: In bowl, mix sugar with cinnamon. Toss doughnut holes with margarine; roll in cinnamon sugar to coat.

PER DOUGHNUT HOLE: about 58 cal, 1 g pro, 2 g total fat (trace sat. fat), 8 g carb (trace dietary fibre, 4 g sugar), 7 mg chol, 58 mg sodium, 20 mg potassium. % RDI: 1% calcium, 3% iron, 3% vit A, 6% folate.



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STICKY ORANGE SWEET ROLLS

HANDS-ON TIME: 30 minutes

TOTAL TIME: 1 hour

MAKES: 16 servings

These comforting sticky buns are made out of a quick biscuit dough for an easy dessert. They pack a sweet-tart punch with a zesty flavour trio of candied peel, orange juice and freshly grated orange zest.

DOUGH:

2 1/4 cups all-purpose flour
2 tbsp granulated sugar
4 tsp baking powder
1/2 tsp salt
1/3 cup cold **Becel Buttery Taste margarine**
1/3 cup candied mixed peel
2 eggs
1/2 cup orange juice

FILLING:

3 tbsp **Becel® Buttery Taste margarine**
3 tbsp granulated sugar

ORANGE GLAZE:

1/2 cup icing sugar
1 tsp grated orange zest
1 tbsp orange juice

DOUGH: In bowl, whisk together flour, sugar, baking powder and salt. Using fork, cut in margarine until mixture resembles coarse sand. Stir in mixed peel. Beat eggs with orange juice; drizzle over flour mixture, tossing with fork to moisten. Turn out onto floured work surface; knead gently just until dough comes together, about 6 times. Roll or pat out into 10-inch (25 cm) square.

FILLING: Spread margarine over dough; sprinkle with sugar. Roll up; cut crosswise into 16 pieces. Arrange, cut side down, in greased 9-inch (2.5 L) square cake pan. Bake in 400°F (200°C) oven until puffed and golden, 25 to 28 minutes. Let cool slightly; remove to serving platter.

ORANGE GLAZE: While rolls are cooling, whisk together icing sugar, orange zest and orange juice; spread over rolls. Serve warm or at room temperature.

PER SERVING: about 176 cal, 3 g pro, 7 g total fat (1 g sat. fat), 25 g carb (1 g dietary fibre, 11 g sugar), 24 mg chol, 208 mg sodium, 47 mg potassium. % RDI: 4% calcium, 7% iron, 9% vit A, 7% vit C, 14% folate.

TIP FROM THE TEST KITCHEN

For fluffy, tender baked goods, start by measuring flour and other dry ingredients by spooning them into a dry measuring cup, then levelling off with the flat side of a knife. Dunking the cup into the flour, or shaking to level off, means you end up adding more than the recipe needs—and that results in dry, tough rolls.



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ANYTHING GOES COOKIE DOUGH RECIPE

Ingredients

2 ¼ cups all-purpose flour
1 tsp baking soda
½ tsp salt
1 cup Becel® Buttery margarine

1 cup firmly packed light brown sugar
¼ cup granulated sugar
2 large Naturegg™ Omega 3 eggs
1 tsp vanilla extract

- Preheat oven to 375°F
- In a large bowl, cream Becel® Buttery margarine and sugar until light and fluffy
- Beat in eggs and vanilla extract
- Combine flour, baking soda and salt; gradually add to creamed mixture until combined
- Add in any combination of flavours to make it your own (e.g. dried fruits, oats, chocolate chips)
- Bake for 8–10 minutes until golden brown



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Olive & Elle
oliveandelle.com

Oriole Landscaping
orioletlandscaping.com

P
Pacific Rim Cabinets
pacrimcab.com

Peridot Decorative Homewear
peridot.ca

Phoenix Kitchenworks
phoenixkitchenworks.com

Pottery Barn
potterybarn.com

Pratt & Lambert Paints
prattandlambert.com

Province of Canada
provinceofcanada.com

R
Restoration Hardware
rh.com

RJS Stone Tops
rjsstonetops.com

Roman Bath Centre
romanbathcentre.com

S
Sadie Ann McMurray Antiques
sadieannmcmurrayantiques.com

Scott Yetman Design
scottyetman.com

SMK Construction
smk-construction.com

Stone Tile International
stone-tile.com

Stuart Webster Design
swdla.com

Studio Brovhn
studiobrovhn.com

Sublime Interior Design
sublimeinteriordesign.com

Sub-Zero and Wolf
subzero-wolf.com

T
Télio*
telio.com

V
Vancouver Special
vanspecial.com

Van Gogh Designs
vangoghdesigns.com

W
Walrus
walrushome.com

West Elm
westelm.com

Williams-Sonoma
williams-sonoma.com

World Mosaic Tile
worldmosaictile.com

*through designers

For over 20, years New Nordic has been the leading Scandinavian provider of high quality natural supplements.

The Path To Vitality



BLUE BERRY™

ANTIOXIDANTS AND CAROTENES
ARE GOOD FOR YOUR EYES

New Nordic's Blue Berry™ is the no. 1 eye supplement in Scandinavia and has been so for over a decade. It is based on high concentrations of carotenes and antioxidants, extracted from wild low-bush Swedish blueberries and marigold flowers (as lutein). Blue Berry™ nourishes the central macular of the eyes (vision center), protects the eyes from free radicals and helps maintain eyesight, even in conditions of AMD and cataracts.



#1 EYE
SUPPLEMENT IN
SCANDINAVIA

"I have been taking Blue Berry for almost a year and I am thrilled with the results. I am very happy to have found this product from New Nordic, and I highly recommend it to anyone who wants to take good care of their vision."

- Madeleine F., Quebec



"My stomach would get really bloated and I would have embarrassing flatulence. My friend told me that I may have a fungal overgrowth in my intestines and recommended a product called dida. I gave dida a try. I still had some bloating initially, but after about 3 weeks with dida it was gone! No more flatulence and no more bloating! What a joy to be back to normal and not have to worry about hiding my inflated stomach."

Jane A., Sweden



SKIN CARE™

SMOOTHER AND THICKER SKIN

As we grow older, our skin loses collagen and the result is thin and wrinkled skin. To prevent this, New Nordic has developed a natural supplement containing type 1 collagen, pomegranate, algae and tomato extract, all designed to nourish the skin and even promote its own production of collagen, keeping it smooth and youthful looking.

"I wasn't sure this collagen filler would work, but I have used it for a month and yes I have seen improvements. When I say improvement, I mean small changes - like around the eyes and the frown lines on the forehead. It's only been a month and I am ordering more!"

- Alicia, web review

DIDA™

THE FUNGAL CLEANSE

Normally fungus lives in harmony with our bodies but for some people, an intestinal imbalance happens and the fungus overgrows. This creates symptoms, such as stomach pains, bloating, itching, mood swings and sugar cravings.

Scientific research shows that some foods and plant extracts have strong antifungal properties. dida™ is based on this research and has been used successfully in Scandinavia for many years.

Available at participating retailers and online.
For more information or to purchase directly visit
our website or call 1-877-696-6734.



ONLINE SHOP
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design pinspiration

We round up the top images from our outdoor decor Pinterest board for extra inspiration.



495 43

Convenience takes centre stage at this Craftsman-style home in B.C., where the back door leads directly into the gleaming white kitchen.

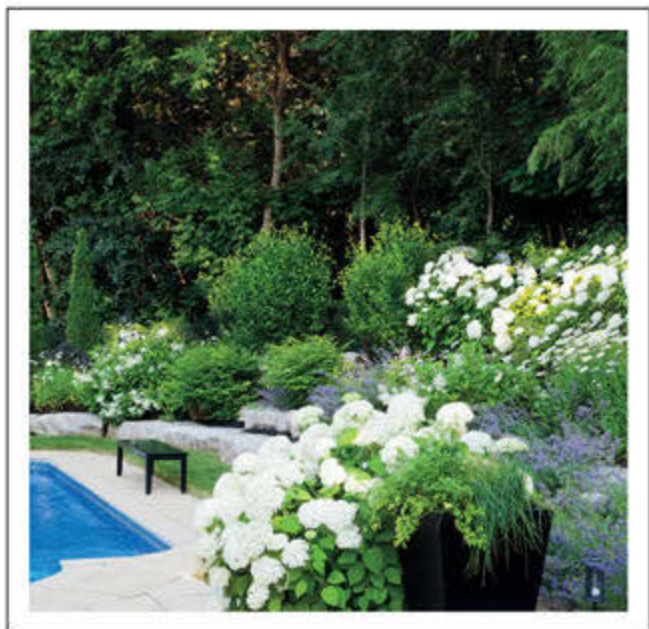
PHOTOGRAPHY TRACEY AYTON



249 31

This garden pavilion, complete with a green roof, curved oak bench and bright toss cushions, is meant as an exotic outdoor retreat for teens.

PHOTOGRAPHY VIRGINIA MACDONALD



236 15

A raised flowerbed brimming with white hydrangeas and lavender and bordered by large rocks serves as the perfect backyard backdrop.

PHOTOGRAPHY ASHLEY CAPP



287 24

Ontario's Muskoka region is home to this nautical-style cottage with loungers that are just as dreamy as the lake view beyond.

PHOTOGRAPHY ROBIN STUBBERT



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#1
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by leading washer
manufacturers*



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*Based on co-marketing agreements.



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